NSS UNIT
Shri Vishnu College of Pharmacy, Vishnupur, Bhimavaram
YearlyReport 2023-24

Name of the year : 2023-24
Name of the college: Shri Vishnu College of Pharmacy (SVCP)
Name of the Principal and Telephone number: Dr. K. S. Nataraj
(o): 08816 250863
Name of the Programme officer &Tel No. Mr.S.Anil Kumar, M.Pharm
(o): 08816 250863
(o): 7989570751

Sl.No	Name of the Activity	Performance of programme with facts and figures
1.	The Pandemic of Antibiotic resistance	Place: SVCP, Bhimavaram Date: 01-04-2023 No of Participants: 14 Time: 1.30 -2.30 PM Quantum of work done: Conducted an awareness session on Antibiotic resistance and superbugs to fellow students. No of volunteers involved: 20
2.	Liver day	Place: SVCP, Bhimavaram Date: 19-04-2023 No of Participants: 20 Time: 10 AM to 12 PM Quantum of work done: Conducted an awareness programme using pamplets on Liver diseases and prevention in Bhimavaram Town No of volunteers involved:30
3.	Training on CPR to staff and student volunteers	Place: Bhimavaram Date: 24-04-2023 Time: 4 PM -5 PM No of Participants: 12 Quantum of work done: students and faculty members weretrained for CPR by Security officer Major. Deepa. CPR technique demonstration and practice was done by the participants No of volunteers involved: 20
4.	Awareness on Asthma and	Place: SVCP, Bhimavaram Date:06-05-2023

	inhalation devices	Time: 10.30 t0 11.30am No of Participants: 15 Quantum of work done:Awareness Programmme on Asthama and Inhalation Devices No of volunteers involved: involved: 12
5.	Chitrotsav and Drawing Competitions on the Occasion of Independence Day	Place: SVCP, Bhimavaram Date: 11-08-2023 Time: 2.00 pm to 5.00 pm No of Participants:60 Quantum of work done:Chitrotsav and Drawing Competitions on the Occasion of Independence Day No of volunteers involved: 40
6.	Pharmacoeconomic Analysis of Oral Hypoglycemic Drugs in Various Diabetic Patients in Harsha Hospitals, Bhimavram	Place: Harsha Hospitals, Bhimavram Date:19-08-2023 Time: 9.30AM-11.30AM No of Participants:15 Quantum of work done: Analysis of Oral Hypoglycemic Drugs in Various Diabetic Patients in Harsha Hospitals, Bhimavram No of volunteers involved: 15
7.	Drug Use Evalution At Various Departments In A Tertiary Care Hospital	Place: Varma Hospital, Bhimavaram Date: 26-08-2023 Time: 9.30AM-12.30PM No of Participants: 20 Quantum of work done : Drug Use Evalution At Various Departments In A Tertiary Care Hospital, Varma Hospital, Bhimavaram No of volunteers involved: 10
8.	Determination Of HaemoglobinContent In Women Students	Place: Kovvada and College premises Date: 01-09-2023 Time: 2.30PM-4.30PM No of Participants:75

		Quantum of work done :Determination of Hemoglobin Content In Women Students No of volunteers involved: 20
9.	Teacher's Day Celebrations	Place: SVCP, Bhimavaram Date: 05-09-2023 Time: 10.00AM-1.00PM No of Participants: 38 Quantum of work done : Teachers Day Celebrations were done No of volunteers involved: 30
10.	International Sudoku Day Celebrations	Place: SVCP, Bhimavaram Date: 09-09-2023 Time: 2.00PM-5.00PM No of Participants: 50 Quantum of work done: International Sudoku Day Celebrations Were Celebrated In College No of volunteers involved: 20
11.	Eco Friendly Ganesh Idol Making Activity	Place: SVCP, Bhimavaram Date: 15-09-2023 Time: 2.30 pm to 4.30 pm No of Participants: 70 Quantum of work done: Ecofriendly Ganesh statues are prepared by using Clay and Turmeric No of volunteers involved: 30
12.	NSS DAY	Place: Narasimhapuram, Kovvada, Bhimavaram Date: 24-09-2023 Time: 6.00 pm to 8.00 pm No of Participants: 30 Quantum of work done: Pamplets Distribution and Awareness on about Malaria, Dengue to surrounding Peoples in the Village No of volunteers involved: 10
13.	Pharmacist's Day Celebrations	Place: SVCP, Bhimavaram Date: 25-09-2023 Time: 2.30 pm to 4.30 pm

		No of Participants: 150 Quantum of work done: Rally Was conducted in the streets of Bhimavaram town and Inside the Campus, Intra College Pharma Quiz also conducted No of volunteers involved: 40
14.	World Mental Health Day	Place: SVCP, Bhimavaram Date: 10-10-2023 Time: 10.00AM-12.00PM No of Participants: 40 Quantum of work done: Importance of Mental Fitness, Controlling of Emotions, Youth Mental behaviors, How Overcome Suicidal Nature, how to control Stress, Stress Free Mind Sets No of volunteers involved: 20
15.	National Cancer Day Awareness Programme	Place: Vempa, Tundurru, Sri Ramapuram Date: 07-11-2023 Time: 10.30AM-4.30PM No of Participants: 50 Quantum of work done: Went to villages Vempa, Tundurru, Sri Rama Puram and created Awareness among the villagers on Cancer No of volunteers involved: 06
16.	National Library Week Celebrations	Place: SVCP, Bhimavaram Date: 15-11-2023 to 21-11-2023 Time: 3.30PM-4.30PM No of Participants: 200 Quantum of work done: Celebrated National Library Week Celebrations from 15-11-2023 to 21-11-2023. Different Events like Drug Word Mime, Quiz, Vegetable Carving and Review Reel making are conducted to the students No of volunteers involved: 40
17.	National Pharmacy Week Celebrations	Place: SVCP, Bhimavaram Date: 20-11-2023 to 25-11-2023 Time: 3.30PM-4.30PM No of Participants: 300 Quantum of work done: Celebrated National Pharmacy Week

		Celebrations from 20-11-2023 to 25-11-2023, Different Events like Drug Emoji, Dum charades, Determination of BMI & Blood Pressure, Skit & Short Film are conducted No of volunteers involved: 60
18.	VIKSHIT BHARAT@2047	Place: SVCP, Bhimavaram Date: 11-12-2023 Time: 3.30PM-4.30PM No of Participants: 50 Quantum of work done: Listen the Speech of PM Narendra Modi Sir regarding VIKSHIT BHARAT@2047 No of volunteers involved: 20
19.	Case Studies & Awareness Programm on Different Diseases	Place: Varma Hospitals, Bhimavaram Date: 16-12-2023 Time: 9.30AM-12.30PM No of Participants: 20 Quantum of work done: NSS Unit conducted Surveys related Case Studies of Different Diseases in Varma Hospital, Bhimavaram, No of volunteers involved: 10
20.	Astharam& Bhavana Competitions	Place: SVCP, Bhimavaram Date: 09-01-2024 Time: 1.30PM-4.30PM No of Participants: 60 Quantum of work done: Students explored& Presented so many concepts and prototype models with innovative ideas No of volunteers involved: 20
21.	Awareness Programme on Thyriod Problems	Place: Palacoderu,Bhimavaram Date: 10-01-2024 Time: 10.30AM-12.30PM No of Participants: 20

		Quantum of work done: Conducted Awareness Programme on Thyroid problems in Palacoderu, Bhimavaram, Students given information regarding Causes, Propagation of Thyroid Problems. They have explained Diet to be followed and care to be taken to Prevent the propagation of Thyroid Problems No of volunteers involved: 10
22.	National Girls Child Day	Place: SVCP,Bhimavaram Date: 24-01-2024 Time: 3.30PM-4.30PM No of Participants: 10 Quantum of work done: Girls Students Presented Oral Presentations on theme Girls Deserve Equal Opportunities, Empowering Girls to Empower the Society No of volunteers involved: 05
23.	National Voters Day	Place: Durgapuram, Kovvada, Bhimavaram Date: 25-01-2024 Time: 10.30AM-12.30PM No of Participants: 50 Quantum of work done: Conducted Awareness Programme on Importance of Vote on the Occasion of National Voters Day. No of volunteers involved: 10
24.	Republic Day Celebrations	Place: SVCP, Bhimavaram Date: 25-01-2024 Time: 2.30PM-4.30PM No of Participants: 100 Quantum of work done:Celebrated Republic Day Celebrations-2024, Drawing Competitions was conducted No of volunteers involved: 20
25.	National Family	Place: SVCP, Bhimavaram

	Literacy Day	Date: 27-01-2024 Time: 8.30AM-9.30AM No of Participants: 25 Quantum of work done: Conducted National Family Literacy Day , Essay Writing Competition Was Conducted on theme that is Importance of Literacy in Every Family. No of volunteers involved: 05
26.	Awareness Programme on High Blood Pressure (High B.P)	Place: Durgapuram, Kovvada, Bhimavaram Date: 03-02-2024 Time: 10.30AM-12.30PM No of Participants: 30 Quantum of work done: Conducted Awareness about Reasons for getting High Blood Pressure, Determination of high Blood Pressure, Treatment and Control of high Blood Pressure No of volunteers involved: 10
27.	Awareness Programme on Sun Stroke	Place: Durgapuram, Kovvada, Bhimavaram Date: 10-02-2024 Time: 10.30AM-12.30PM No of Participants: 25 Quantum of work done: Conducted Awareness about Sun Stroke, Symptoms of Sun Stroke, how to control Sun Stroke, Food habits to be followed in Summer Season No of volunteers involved: 10
28.	Awareness Programme on Dehydration-Understanding &Prevention of Dehydration	Place: Durgapuram, Kovvada, Bhimavaram Date: 24-02-2024 Time: 10.30AM-12.30PM No of Participants: 40 Quantum of work done: Conducted Awareness about Dehydration, Symptoms of Dehydration, how to control Dehydration No of volunteers involved: 20
29.	National Science Day	Place: SVCP, Bhimavaram Date: 28-02-2024 Time: 3.30PM-5.30PM

		No of Participants: 60 Quantum of work done: National Science Day (Prototype & Model Presentations) on 28-02-2024 and Students presented different prototype models. No of volunteers involved: 20
30.	Campaign on "MERA PEHLA VOTE DESH KELIYE"	Place: SVCP, Bhimavaram Date: 28-02-2024-06-03-2024 Time: 8.30AM-9.30AM No of Participants: 100 Quantum of work done: Campaign on Importance of First Vote in Students. No of volunteers involved: 20

NSS PO **PRINCIPAL**

SHRI VISHNU COLLEGE OF PHARMACY, VISHNUPUR, BHIMAVARAM – 534202

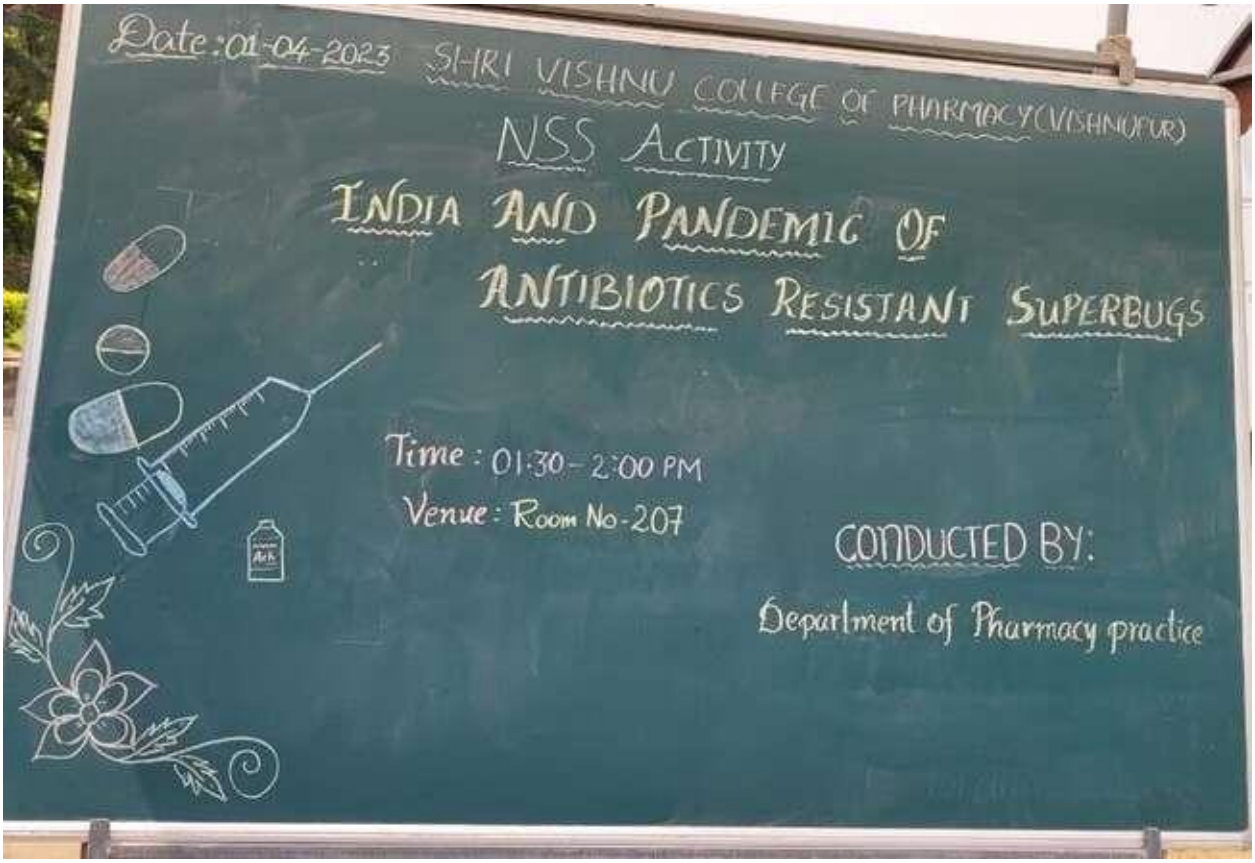
National Service Scheme activities (2023-24)

Sl.No	Activity	Venue	Date
1	The Pandemic of Antibiotic resistance	SVCP, Bhimavaram	01-04-2023
2	Liver day	SVCP, Bhimavaram	19-04-2023
3	Training on CPR to staff and student volunteers	SVCP, Bhimavaram	24-04-2023
4	Awareness on Asthma and inhalation devices	SVCP, Bhimavaram	06-05-2023
5	Chitrotsav and Drawing Competitions on the Occasion of Independence Day	SVCP, Bhimavaram	11-08-2023
6	Pharmacoeconomic Analysis of Oral Hypoglycemic Drugs in Various Diabetic Patients	Harsha Hospitals, Bhimavram	19-08-2023
7	Drug Use Evalutionat Various Departments In A Tertiary Care Hospital	Varma Hospital, Bhimavaram	26-08-2023
8	Determination of Haemoglobin Content In Women Students	Kovvada and College premises	01-09-2023
9	Teacher's Day Celebrations	SVCP, Bhimavaram	05-09-2023
10	International Sudoku Day Celebrations	SVCP, Bhimavaram	09-09-2023
11	Eco Friendly Ganesh Idol Making Activity	SVCP, Bhimavaram	15-09-2023
12	NSS Day	Narasimhapuram, Kovvada, Bhimavaram	24-09-2023
13	Pharmacist's Day Celebrations	SVCP, Bhimavaram	25-09-2023
14	World Mental Health Day	SVCP, Bhimavaram	10-10-2023
15	National Cancer Day Awareness Programme	Vempa, Tundurru, Sri Ramapuram	07-11-2023

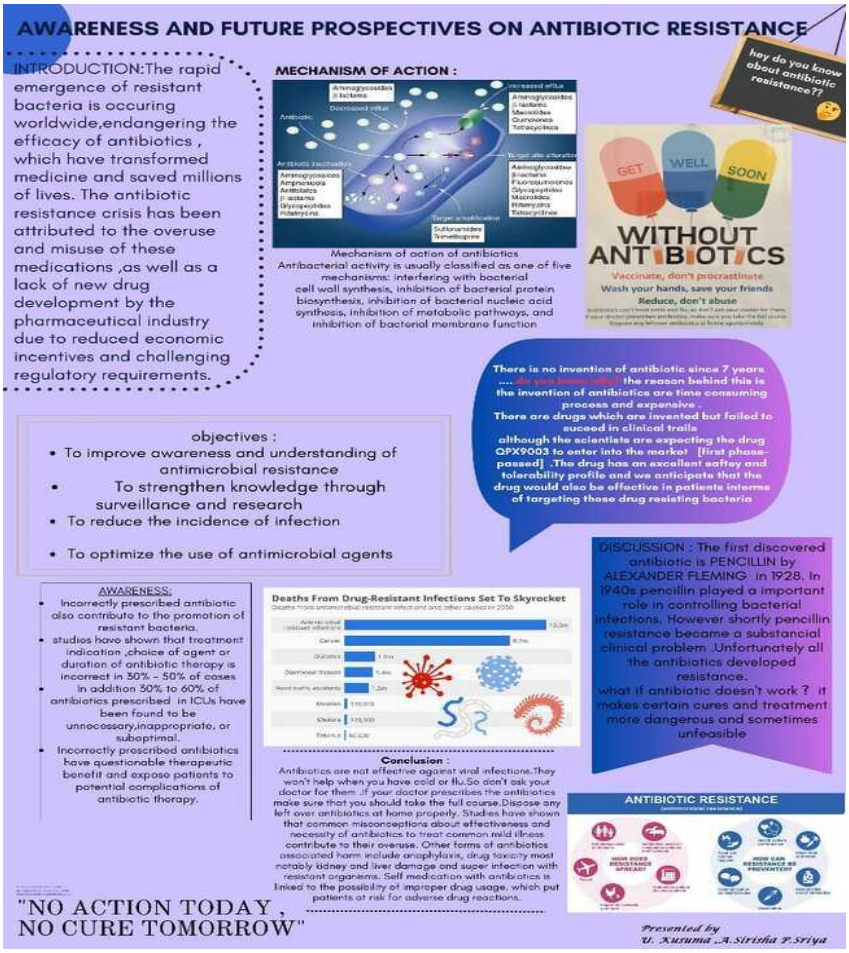
16	National Library Week Celebrations	SVCP, Bhimavaram	15-11-2023 to 21-11-2023
17	National Pharmacy Week Celebrations	SVCP, Bhimavaram	20-11-2023 to 25-11-2023
18	VIKSHIT BHARAT@2047	SVCP, Bhimavaram	11-12-2023
19	Case Studies & Awareness Programme on Different Diseases	Varma Hospitals, Bhimavaram	16-12-2023
20	Astharam& Bhavana Competitions	SVCP, Bhimavaram	09-01-2024
21	Awareness Programme on Thyriod Problems	Palacoderu, Kovvuada, Bhimavaram	10-01-2024
22	National Girls Child Day	SVCP, Bhimavaram	24-01-2024
23	National Voters Day	Durgapuram, Kovvada, Bhimavaram	25-01-2024
24	Republic Day Celebrations	SVCP, Bhimavaram	25-01-2024
25	National Family Literacy Day	SVCP, Bhimavaram	27-01-2024
26	Awareness Programme on High Blood Pressure (High B.P)	Durgapuram, Kovvada, Bhimavaram	03-02-2024
27	Awareness Programme on Sun Stroke	Durgapuram, Kovvada, Bhimavaram	10-02-2024
28	Awareness Programme on Dehydration-Understanding & Prevention of Dehydration	Durgapuram, Kovvada, Bhimavaram	24-02-2024
29	National Science Day	SVCP, Bhimavaram	28-02-2024
30	Campaign on “MERA PEHLA VOTE DESH KE LIYE”	SVCP, Bhimavaram	28-02-2024-06-03-2024

NSS PO **Principal**

1.The Pandemic of Antibiotic resistance, SVCP, Bhimavaram, 01-04-2023







2.Liverday, Bhimavaram Town, 19-04-2023

SHRI VISHNU COLLEGE OF PHARMACY

Vishnupur, Bhimavaram -534202

VISHNU
UNIVERSAL LEARNING



Awareness camp

Camp Site: Bhimavaram Urban

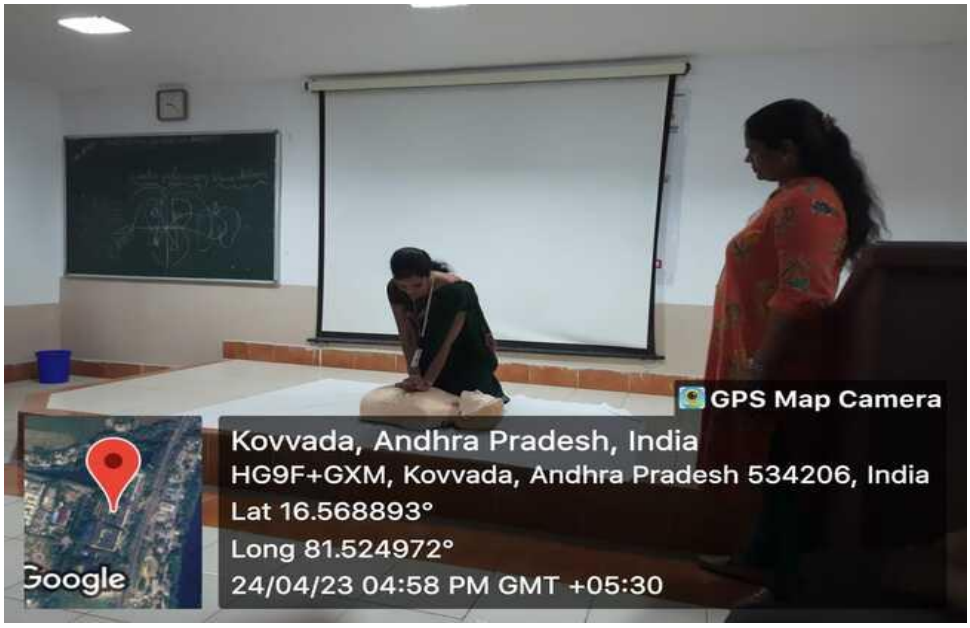
Organized by: Dept. of Pharmacy Practice and NSS

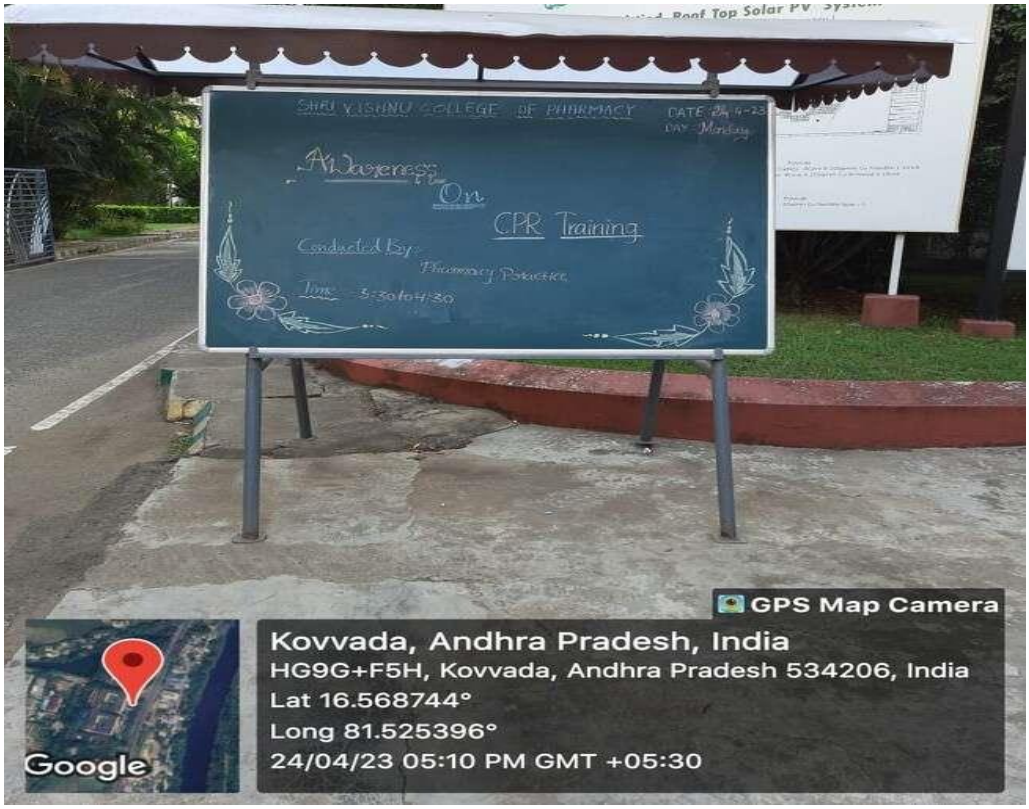
Date: 19th April 2023


Paytm
SH 19, Tammi Raju Nagar, Bhimavaram, 534204, AP, India
Latitude
16.5430° N
Longitude
81.5094° E
Local 10:28:33 AM
GMT 04:58:33 AM
Altitude 22.6 meters
Wednesday, 04/19/2023



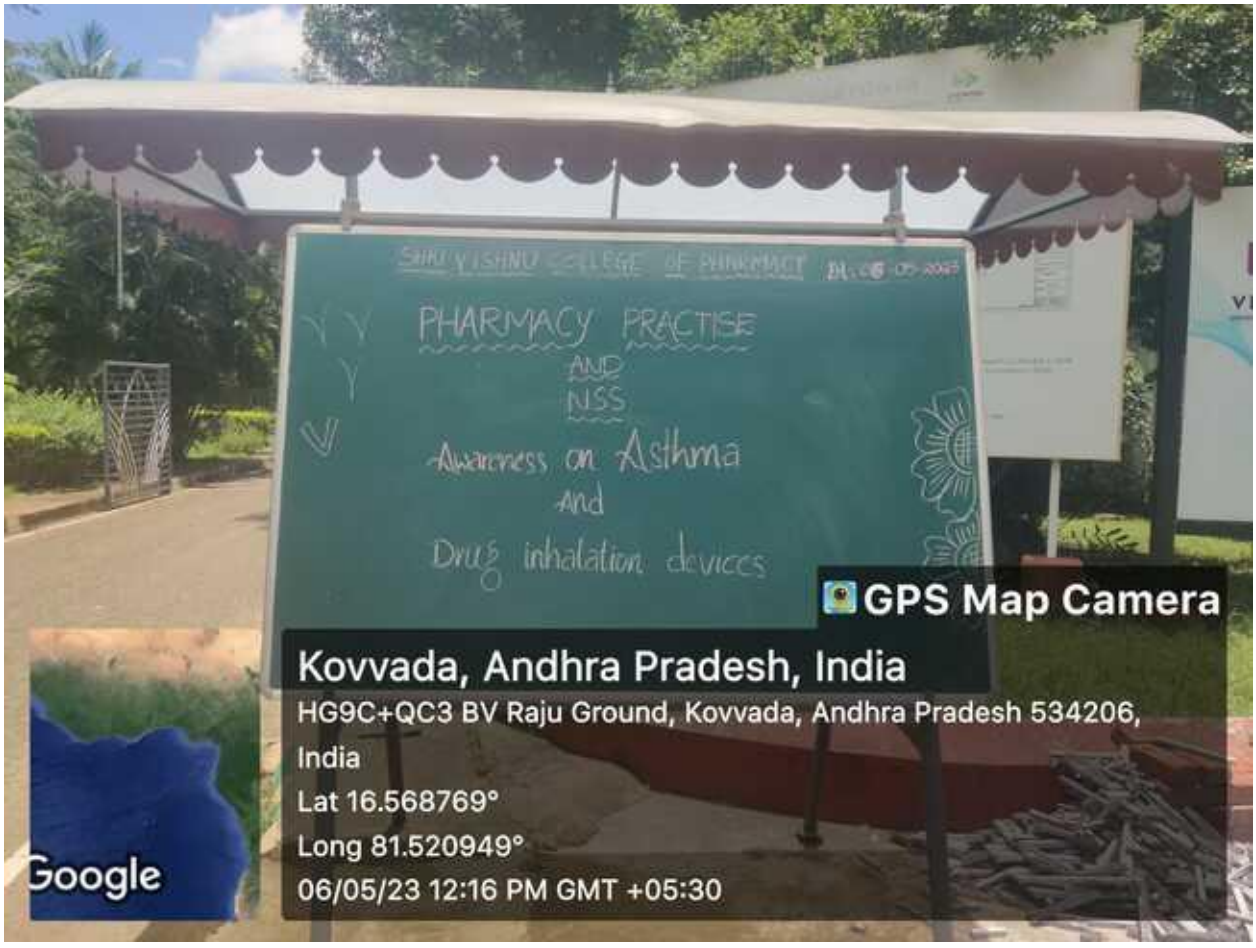
3.Training on CPR to staff and student volunteers, SVCP, Bhimavaram, 24-04-2023







4. Awareness on Asthma and inhalation devices, 06-05-2023




GPS Map Camera
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9G+F2Q, Tadepalligudem Rd, Kovvada, Andhra Pradesh 534206, India
Lat 16.5685°
Long 81.524977°
06/05/23 10:40 AM GMT +05:30
Google


Awarness On Asthma
and Drug Intalation
TOP 12 ANTI-ASTHMA FOODS
GPS Map Camera
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9G+F2Q, Tadepalligudem Rd, Kovvada, Andhra Pradesh 534206, India
Lat 16.568729°
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Google

5.Chitrotsav and Drawing Competitions on the Occasion of Independence Day, Bhimavaram, 11-08-2023






GPS Map Camera
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Long 81.525141°
11/08/23 02:46 PM GMT +05:30
Google


By S.Vasanthi


HAPPY
DAY
ART by
GPS Map Camera
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9F+JX3, Tadepalligudem Rd, Kovvada, Andhra Pradesh 534206, India
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Long 81.524929°
11/08/23 03:27 PM GMT +05:30
Google


FREEDOM IN THE MIND
FAITH IN THE WORDS
PRIDE IN OUR SOULS


FREEDOM in the Mind
FAITH in the Words
PRIDE in our Souls
Lets Salute the Nation on this
"INDEPENDENCE DAY"
Galaxy M21 2021 Edition

6. Pharmacoeconomic Analysis of Oral Hypoglycemic Drugs in Various Diabetic Patients, Harsha Hospitals, Bhimavaram, 19-08-2023

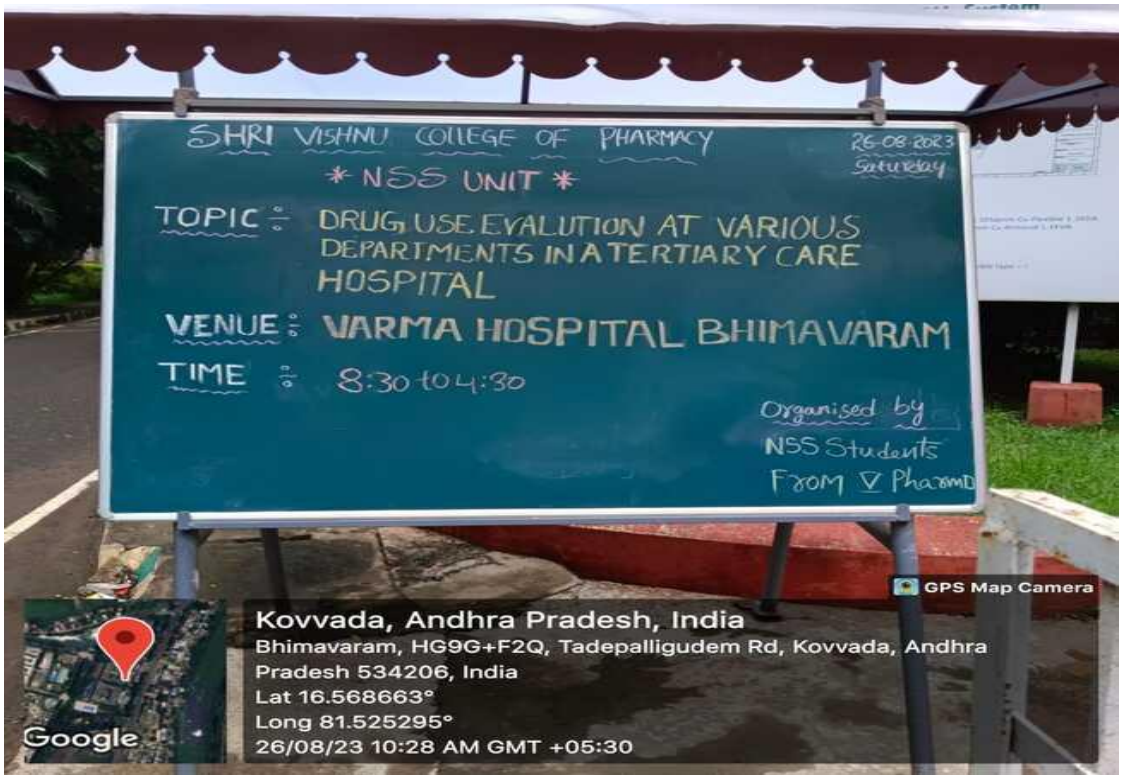



NABL
Diabetes | Thyroid
GPS Map Camera
Bhimavaram, Andhra Pradesh, India
N Prime Plaza J.P. Road, beside Padmalaya Theatre, Balusumoodi, Bhimavaram, Andhra Pradesh 534202, India
Lat 16.542312°
Long 81.512122°
19/08/23 10:20 AM GMT +05:30
Google


HARSHA DIAGNOSTICS
HARSHA
GPS Map Camera
Bhimavaram, Andhra Pradesh, India
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Long 81.512155°
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Google



7. Drug Use Evalution at Various Departments in A Tertiary Care Hospital, Varma Hospitals, Bhimavaram, 26-08-2023


SHRI VISHNU COLLEGE OF PHARMACY
26-08-2023
Saturday
* NSS UNIT *
TOPIC : DRUG USE EVALUTION AT VARIOUS DEPARTMENTS IN A TERTIARY CARE HOSPITAL
VENUE : VARMA HOSPITAL BHIMAVARAM
TIME : 8:30 to 4:30
Organised by
NSS Students
From V PharmD
GPS Map Camera
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9G+F2Q, Tadepalligudem Rd, Kovvada, Andhra Pradesh 534206, India
Lat 16.568663°
Long 81.525295°
26/08/23 10:28 AM GMT +05:30
Google


6
GPS Map Camera
Bhimavaram, Andhra Pradesh, India
534202, Suryanarayana Puram, Tammi Raju Nagar, Bhimavaram, Andhra Pradesh 534204, India
Lat 16.54413°
Long 81.510395°
26/08/23 11:49 AM GMT +05:30
Google


12
GPS Map Camera
Bhimavaram, Andhra Pradesh, India
534202, Suryanarayana Puram, Tammi Raju Nagar, Bhimavaram, Andhra Pradesh 534204, India
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Long 81.510395°
26/08/23 11:54 AM GMT +05:30
Google


4
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Bhimavaram, Andhra Pradesh, India
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Lat 16.54413°
Long 81.510395°
26/08/23 11:56 AM GMT +05:30
Google

8.Determination of Haemoglobin Content in Women Students, SVCP, Bhimavram, 01-09-2-23







Vishnu [pharmacy] Date: 1/09/2023.

1 K. Chandramouli varma → 13.5 g/dl.
2 MD. Syd. Rahem vali → 11.2 g/dl
3. Y Sandhya → 10.8
4. D. Sreeja → ~~9.7~~ 10.5
5. P. Harika → ~~10.7~~ 12.4
6. N. Manika → 13.0
7. S. Harika → 11.5
8. ch. tejaswi = 10.0g/dl.
9. K. AKHILA = 10.6g/dl
10. K. Venkata lakshmi = 11.4g/dl
11. P. mamatha = 13.9g/dl
12. DN. Kumari = 10.2g/dl
13. P. Jaya durga = 9.6g/dl
14 Y. USha = 10.9
15. M. Varsha = 10.7
16. Anjali - 12.0
17. P. Mounika esther - 11.5
18. Ch. Phanitha - 10.8
19. B. Sahithi Varma - 11.4.
20. K. Keerthi - 11.2.
21. Sk. Sareena Jasmine - 11.2.
22. G. Premi (staff) - 10.2g/dl
23. P. Saloni (staff) - 12.3g/dl
24. K. Hasini - 12.0g/dl
25. Y. Meghana - 10.0g/dl
26) Y. Priyanka - 8.6
27. P. Sri Nandini - 11.9
28) P. Hanisha - 10.3
29) A. Geethika - 11.2
30) R. Mounika - 10.9
31) T. Nalya - 10.4
32) Sumantha - 12.5
33) N. Susmitha devi - 11.7
34) N. Navyasri - 10.2
35) P. Durga Bhavani - 11.5
36) N. Harika Sethu - 10.3
37) R.L.C.S. Meghana - 10.5
38) G. Rishitha - 12.4.
39) Ch. Panchakshari - 10.7
40. P. Pavani Praneetha - 11.3
41) P Tejasri - 11.2
42) G. Meghana - 11.5

9.Teachers Day Celebrations, SVCP, Bhimavaram,05-09-2023

Shri Vishnu College of Pharmacy

(Autonomous)

Vishnupur, Bhimavaram

25TH ANNIVERSARY

ON THE EVE OF

TEACHER'S DAY-2023

5TH SEPTEMBER





Event 1

Elocution

Theme 1: The Best Teacher in My Life

Theme 2: The Aspects I Like to see in my Teacher as a Student and Follow in the Future.

Event 2

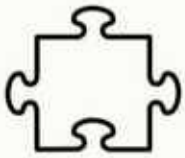
Pick a Book from the Library





Event 3

Word Puzzle



Registration Link:

https://forms.gle/mViJuXA4yydShWYy6

Shri Vishnu College of Pharmacy

(Autonomous)

VISHNU (Estd: 1997; Affiliated to A.U.,Visakhapatnam, Approved by AICTE & PCI)

NAAC A

NBA NATIONAL BOARD OF ACCREDITATION B.Pharmacy Course

ON THE EVE OF TEACHER'S DAY-2023

conducted program for students by teachers

Elocution

Word Puzzle

Pick a book from the library

Date:-05 Sept 2023





















Shri Vishnu College of Pharmacy

(Autonomous)

VISHNU UNIVERSAL LEARNING (Estd: 1997; Affiliated to A.U., Visakhapatnam, Approved by AICTE & PCI)

A NAAC

NBA NATIONAL BOARD OF ACCREDITATION B.Pharmacy Course

Teacher's day

CELEBRATION BY STUDENTS



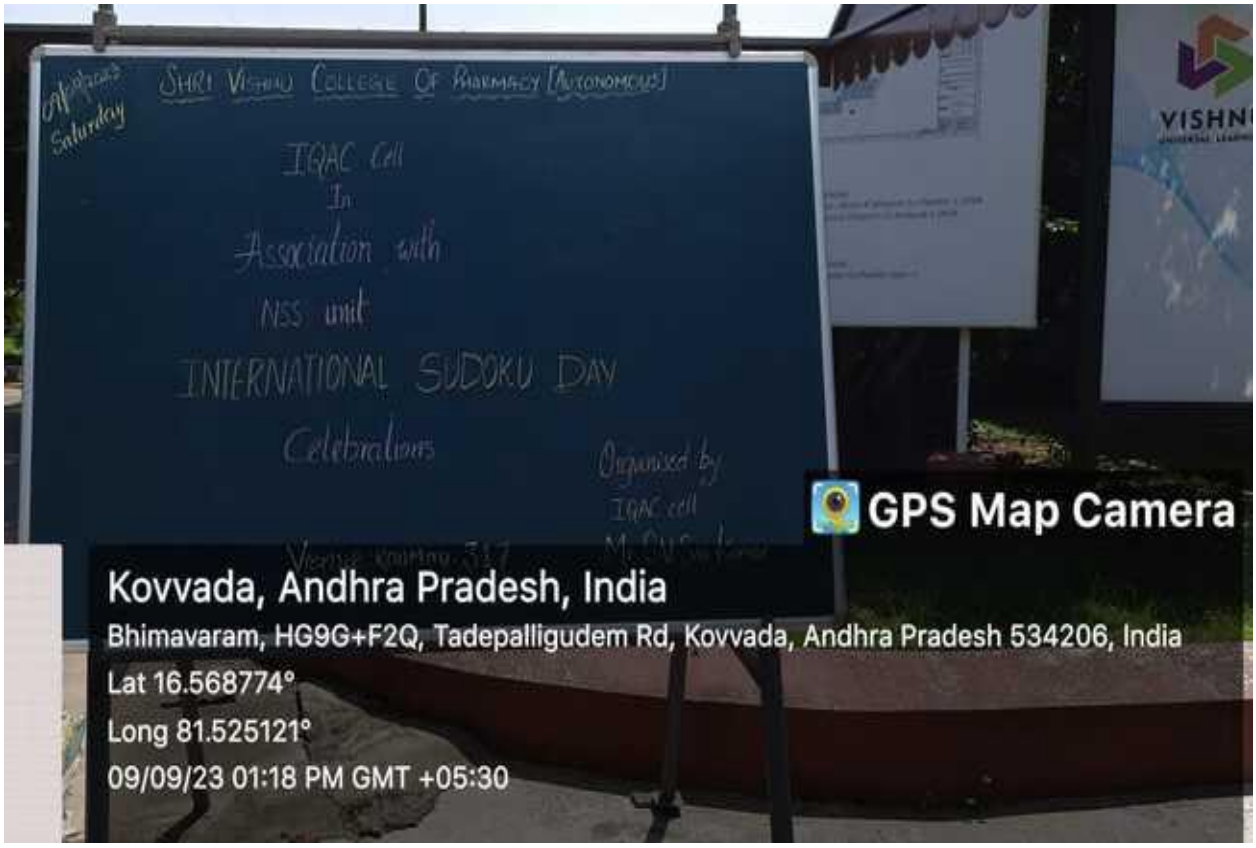


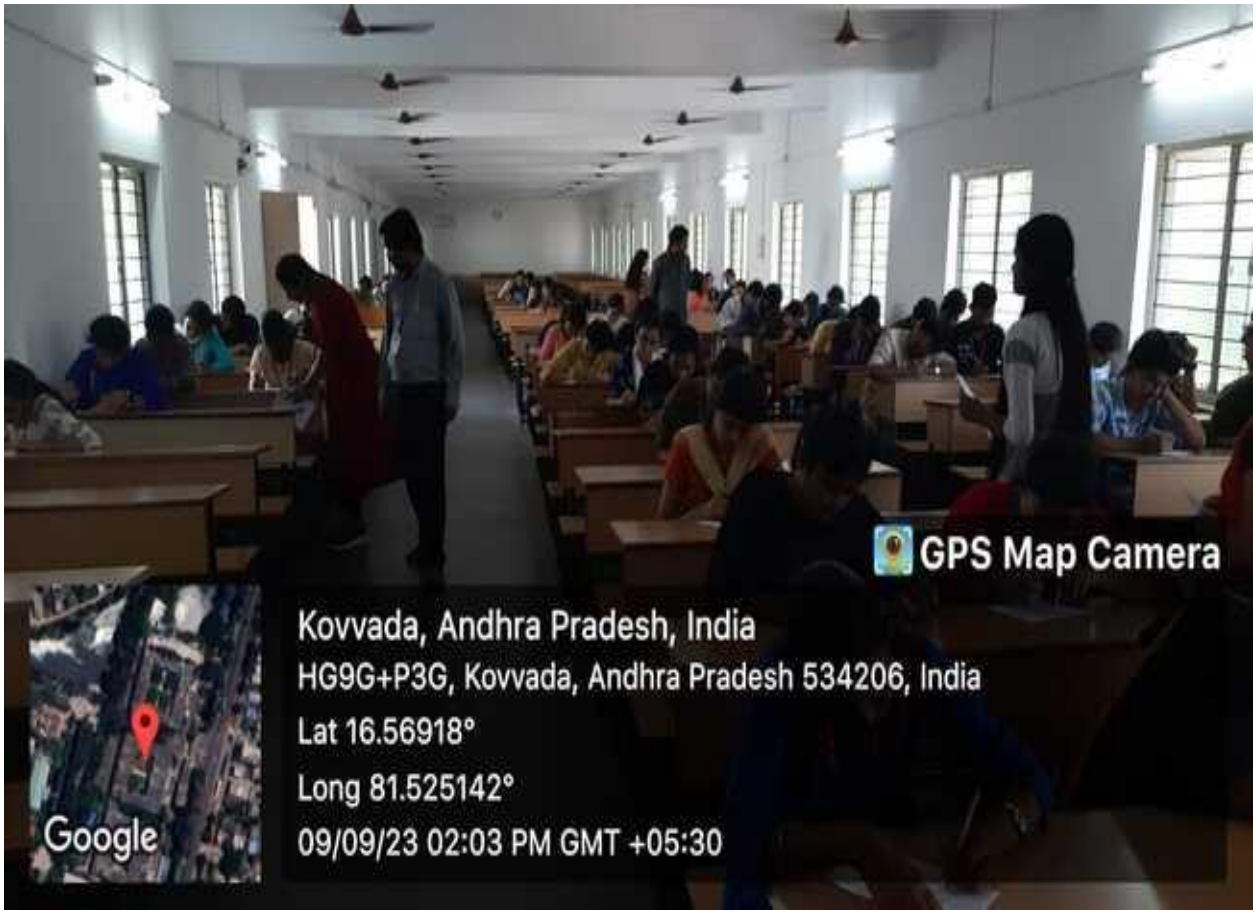


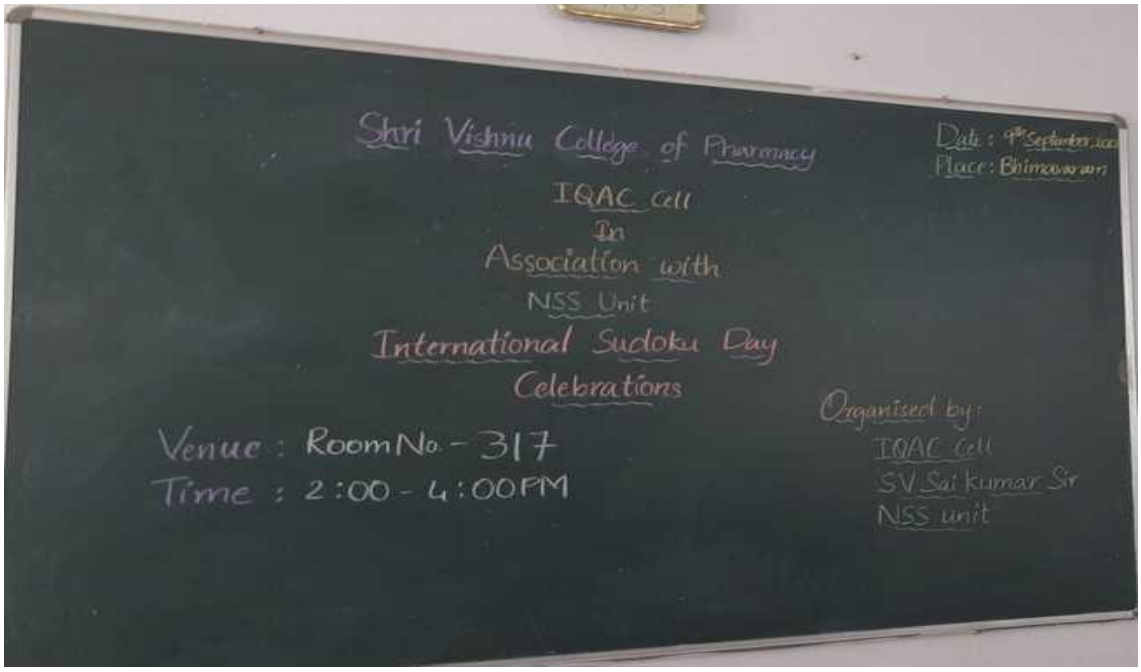


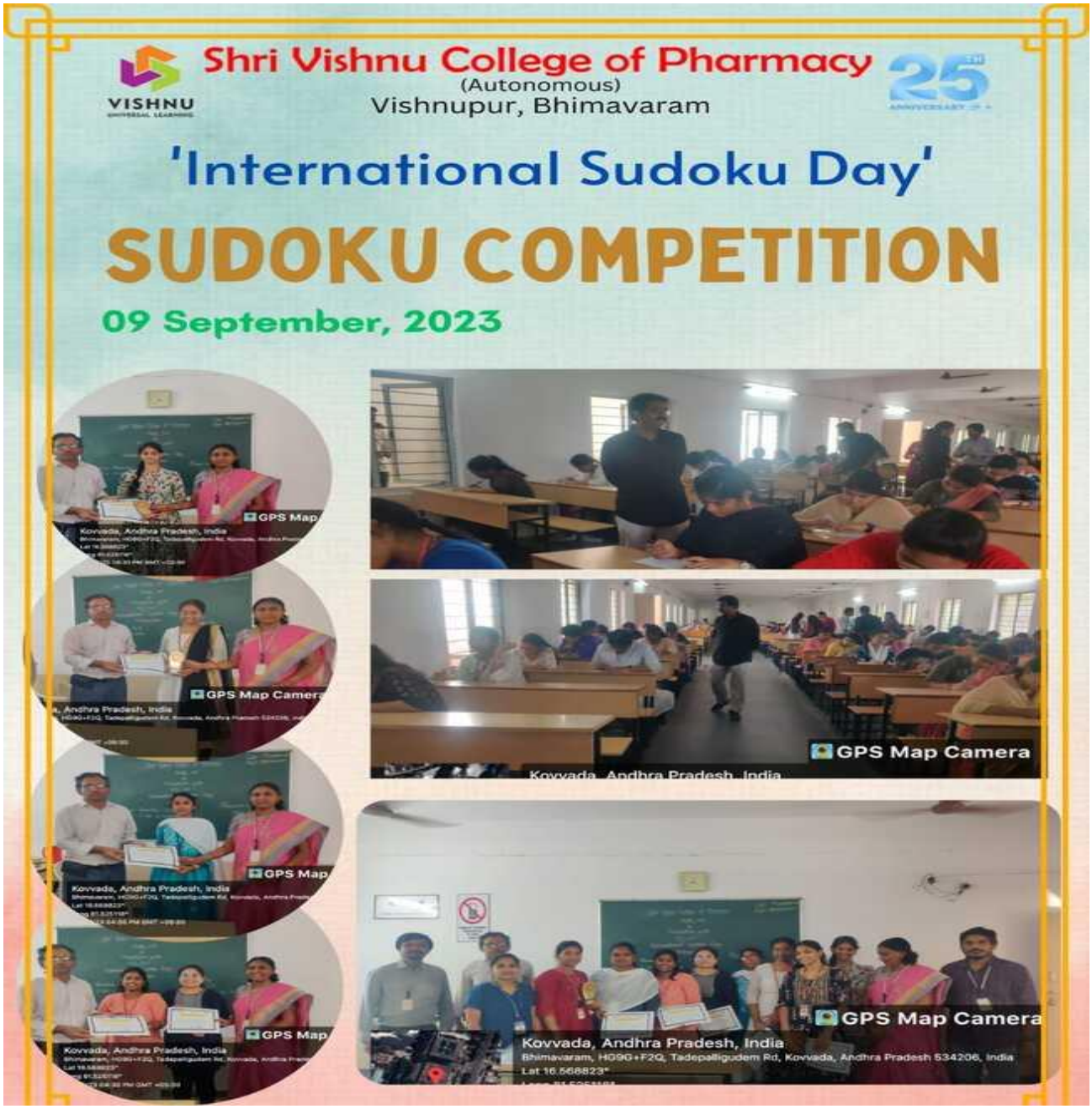


10.International Sudoku Day Celebrations, SVCP, Bhimavaram, 09-09-2023

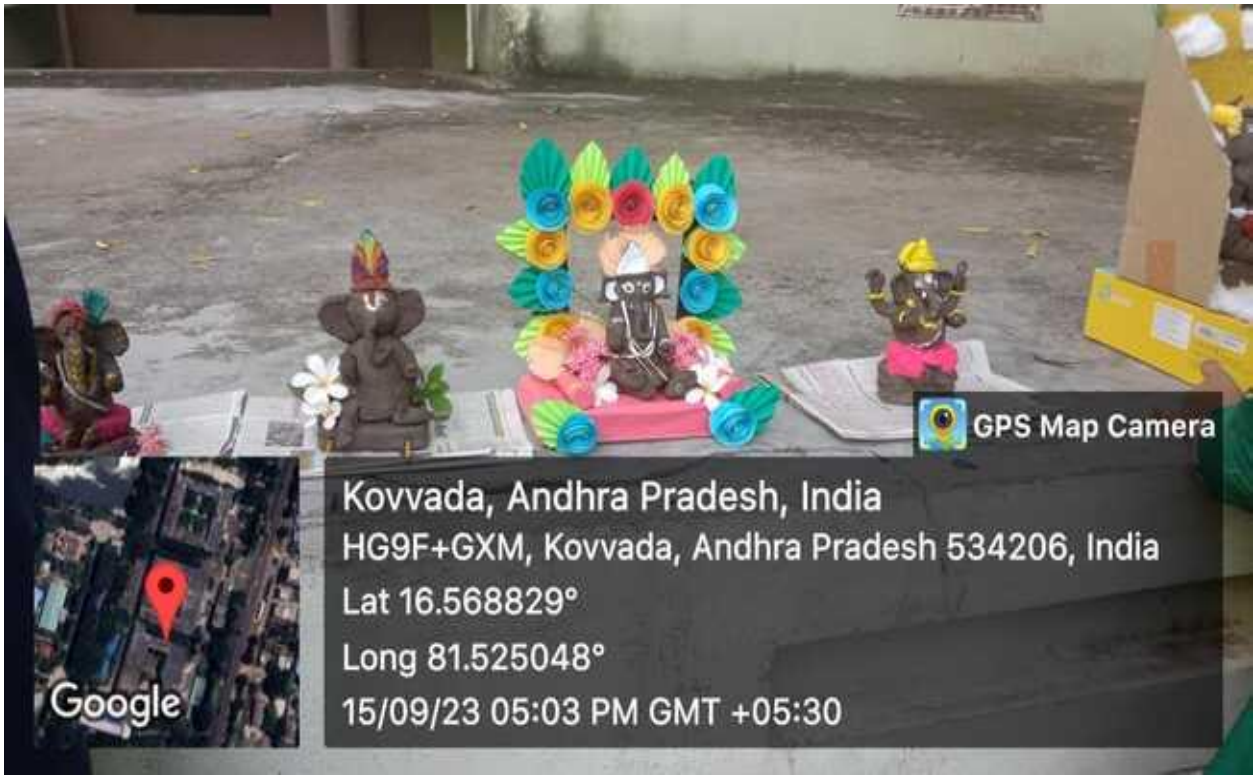





Shri Vishnu College of Pharmacy
Date : 9th September, 2023
Place : Bhimavaram
IQAC cell
In
Association with
NSS Unit
International Sudoku Day
Celebrations
Venue : Room No. - 317
Time : 2:00 - 4:00PM
Organised by:
IQAC cell
SV Sai kumar Sir
NSS unit


VISHNU
Shri Vishnu College of Pharmacy
(Autonomous)
Vishnupur, Bhimavaram
25TH ANNIVERSARY
'International Sudoku Day'
SUDOKU COMPETITION
09 September, 2023
GPS Map
GPS Map Camera
Kovvada, Andhra Pradesh, India
Bhimavaram, H09G+F2Q, Tadepalligudem Rd, Kovvada, Andhra Pradesh 534206, India
Lat 16.568823°

11.Eco Friendly Ganesh Idol Making Activity, SVCP, Bhimavaram, 15-09-2023

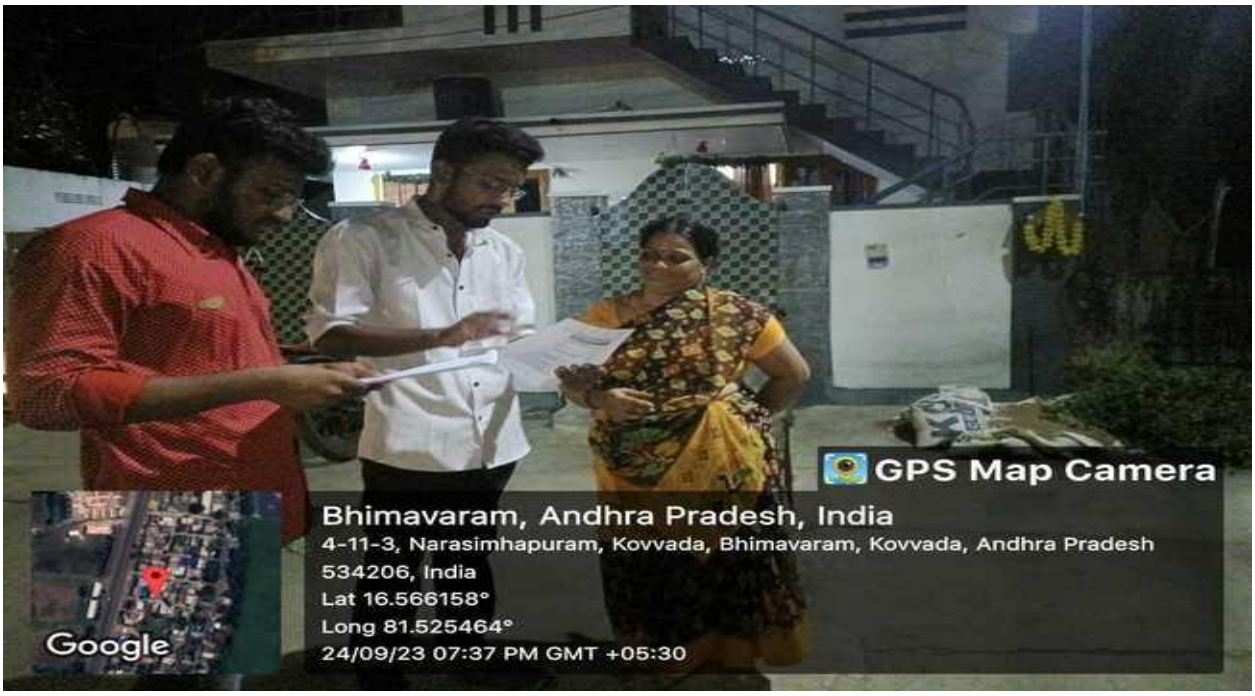





GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568866°
Long 81.524951°
15/09/23 04:40 PM GMT +05:30
Google


Galaxy M21 2021 Edition

12.NSS DAY (Awareness on Malaria and Dengue), Narasimhapuram, Kovvada-24-09-2023






GPS Map Camera
Bhimavaram, Andhra Pradesh, India
4-11-12, Narasimhapuram, Kovvada, Bhimavaram, Kovvada, Andhra Pradesh 534206, India
Lat 16.566127°
Long 81.525378°
24/09/23 07:53 PM GMT +05:30
Google



13.Pharmacist's Day Celebrations, SVCP, Bhimavaram-25-09-2023


NSS UNIT
Theme: WORLD PHARMACISTS DAY
CELEBRATIONS
Venue: SEMINAR HALL
GPS Map Camera
Bhimavaram, Andhra Pradesh, India
17-5-19, Gandhi Nagar, Gunupudi, Bhimavaram, Andhra Pradesh 534201, India
Lat 16.543902°
Long 81.527082°
25/09/23 03:07 PM GMT +05:30
Google


GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9G+G5H, Garagaparru Road, Kovvada, Andhra Pradesh 534206, India
Lat 16.568925°
Long 81.525243°
25/09/23 03:49 PM GMT +05:30
Google


NATIONAL SERVICE SCHEME
Not me But you
Shri Vishnu College of Pharmacy
(Autonomous)
GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9G+G5H, Garagaparru Road, Kovvada, Andhra Pradesh 534206, India
Lat 16.568934°
Long 81.525244°
25/09/23 04:03 PM GMT +05:30
Google


Shri Vishnu College of Pharmacy
(Autonomous)
Pharmacists Day
Celebrations
25th September
GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9G+G5H, Garagaparru Road, Kovvada, Andhra Pradesh 534206, India
Lat 16.568934°
Long 81.525244°
25/09/23 04:02 PM GMT +05:30
Google


Shri Vishnu College of Pharmacy
(Autonomous)
Vishnupur, BHIMAVARAM- 534 202, A.P.
Pharmacists Day
Celebrations
25th September

VISHNU

Shri Vishnu College of Pharmacy

(Autonomous)

Vishnupur, Bhimavaram

25TH ANNIVERSARY

WORLD PHARMACISTS DAY CELEBRATIONS

September 25th, 2023







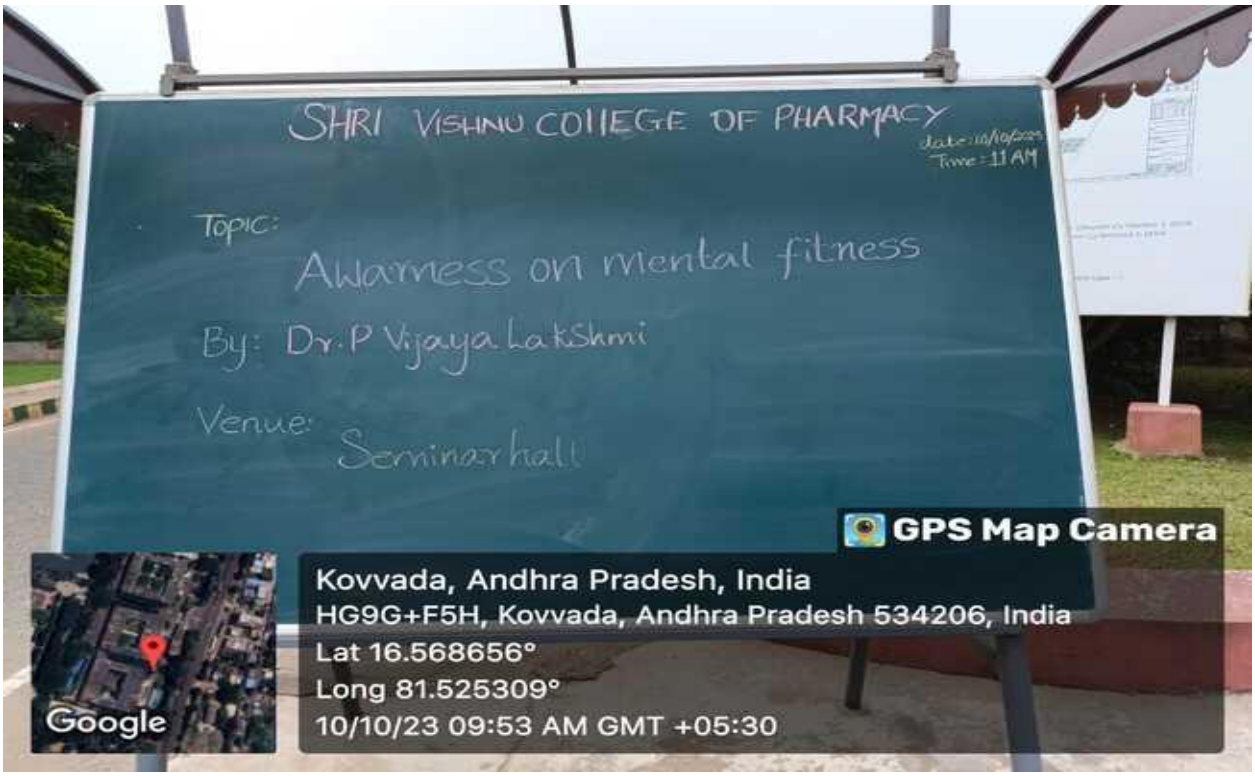








14.World Mental Health Day-SVCP, Bhimavaram,10-10-2023





VISHNU
UNIVERSAL LEARNING

Shri Vishnu College of Pharmacy
(Autonomous)
Vishnupur, Bhimavaram

25TH ANNIVERSARY



WORLD MENTAL HEALTH DAY
OCTOBER 10








15.National Cancer Day Awareness Programme-Vempa, Tundurru, Sri Ramapuram-07-11-2023






VISHNU
UNNAT BHARAT ABHIYAN
GPS Map Camera
Tundurru, Andhra Pradesh, India
FHFM+GMF, Tundurru, Andhra Pradesh 534207, India
Lat 16.473735°
Long 81.584266°
07/11/23 12:28 PM GMT +05:30
Google



NATIONAL

CANCER DAY

TUESDAY , 7 NOVEMBER















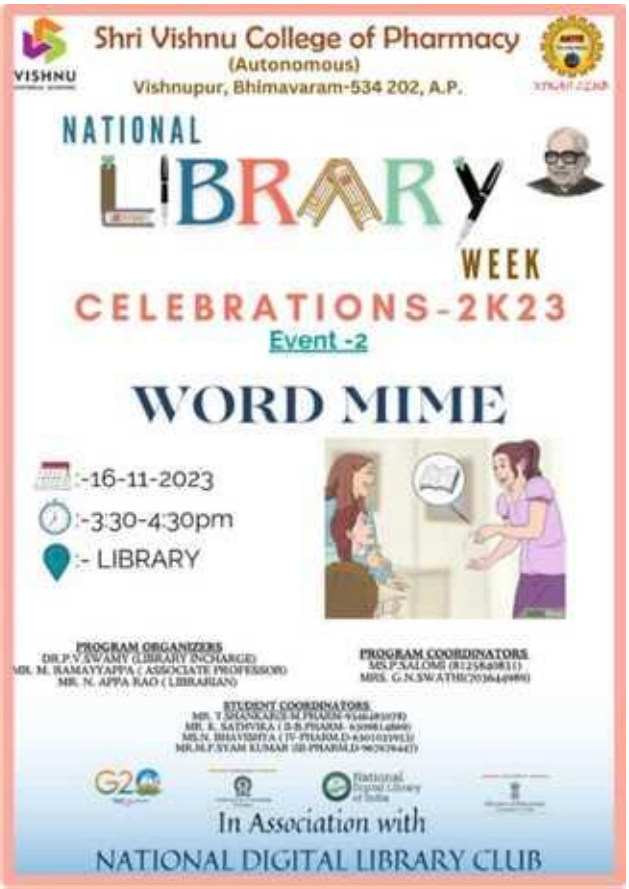



VISHNU
UNNAT BHARAT ABHIYAN
SHRI VISHNU COLLEGE OF PHARMACY
(AUTONOMOUS)
VISHNUPUR, BHIMAVARAM


UNNAT BHARAT ABHIYAN
GPS Map Camera
West Godavari, Andhra Pradesh, India
FHC9+PPF, Andhra Pradesh 534207, India
Lat 16.471524°
Long 81.569649°
07/11/23 01:04 PM GMT +05:30
Google

16. National Library Week Celebrations-SVCP, Bhimavaram-15-11-2023 to 21-11-2023










Shri Vishnu College of Pharmacy
(Autonomous)
NATIONAL
LIBRARY
WEEK
CELEBRATIONS-2K23
REVIEW REEL MAKING
In Association with
NATIONAL DIGITAL LIBRARY CLUB


Shri Vishnu College of Pharmacy
(Autonomous)
NATIONAL
LIBRARY
WEEK
CELEBRATIONS-2K23
Event -1
QUIZ COMPETITION
15-11-2023
3:30-4:30pm
SEMINAR HALL
In Association with
NATIONAL DIGITAL LIBRARY CLUB


Shri Vishnu College of Pharmacy
(Autonomous)
NATIONAL
LIBRARY
WEEK
CELEBRATIONS-2K23
Event -2
WORD MIME
16-11-2023
3:30-4:30pm
LIBRARY
In Association with
NATIONAL DIGITAL LIBRARY CLUB


Shri Vishnu College of Pharmacy
(Autonomous)
NATIONAL
LIBRARY
WEEK
CELEBRATIONS-2K23
Event -3
VEGETABLE CARVING
17-11-2023
3:30-4:30pm
SEMINAR HALL
In Association with
NATIONAL DIGITAL LIBRARY CLUB




ovvada, Andhra Pradesh, India
himavaram, HG9F+JX3, Tadepalligudem Rd, Kovvada, And
dia
at 16.568929°
ong 81.525083°
/11/23 03:41 PM GMT +05:30


ovvada, Andhra Pradesh, India


ovvada, Andhra Pradesh, India


ovvada, Andhra Pradesh, India


ovvada, Andhra Pradesh, India

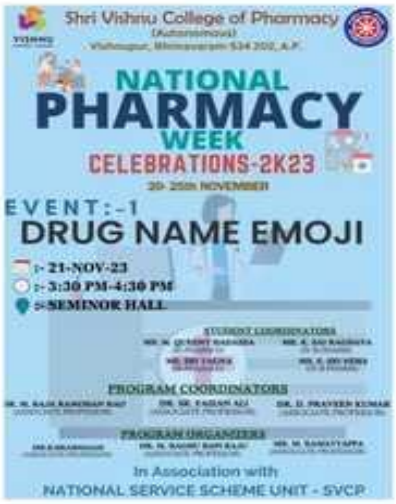






17. National Pharmacy Week Celebrations- SVCP, Bhimavaram-20-11-2023 to 25-11-2023




Shri Vishnu College of Pharmacy
(Autonomous)
NATIONAL
PHARMACY
WEEK
CELEBRATIONS-2K23
20- 25th NOVEMBER
EVENT:-1
DRUG NAME EMOJI
:- 21-NOV-23
:- 3:30 PM-4:30 PM
:- SEMINOR HALL
STUDENT COORDINATORS
PROGRAM COORDINATORS
PROGRAM ORGANIZERS
In Association with
NATIONAL SERVICE SCHEME UNIT - SVCP






dhra Pradesh, India
9G+F2Q, Tadepalligudem Rd, Ko
M GMT +05:30


, Andhra Pradesh, India
n, HG9G+F2Q, Tadepalligudem Rd, Kovvad
92°
514°
:50 PM GMT +05:30


dhra Pradesh, India
9F+JX3, Tadepalligudem Rd, Ko
M GMT +05:30


, Andhra Pradesh, India
n, HG9F+JX3, Tadepalligudem Rd, Kovvada
973°
514°
:41 PM GMT +05:30


vvada, Andhra Pradesh, India
9F+GXM, Kovvada, Andhra Pradesh 534206, I
16.568901°
g 81.525012°
11/23 03:46 PM GMT +05:30


, Andhra Pradesh, India
n, HG9G+F2Q, Tadepalligudem Rd, Kovvad
92°
514°
:50 PM GMT +05:30


Shri Vishnu College of Pharmacy
(Autonomous)
Vishnupur, Bhimavaram-534 202, A.P.
VISHNU
NATIONAL
PHARMACY
WEEK
CELEBRATIONS-2K23
20- 25th NOVEMBER
EVENT:-2
DUMB CHARADES
:- 22-NOV-23
:- 3:30 PM-4:30 PM
:- SEMINOR HALL
STUDENT COORDINATORS
MR. P. MANIKANTA SAI TEJA
(IV PHARM-D)
MR. K. CHABAN
(III-B.PHARM)
MS. V. SINDHU
(IV PHARM-D)
MR. G. MEGHAMALA
(III-B.PHARM)
PROGRAM COORDINATORS
MRS. L. DEVI
(ASSOCIATE PROFESSOR)
MRS. G. N. SWATHI
(ASSISTANT PROFESSOR)
MS. D. N. L. DIVYA
(ASSOCIATE PROFESSOR)
PROGRAM ORGANIZERS
MR.B.BRAHMAIAH
(ASSOCIATE PROFESSOR)
DR. M. RAGHU BAPI RAJU
(ASSOCIATE PROFESSOR)
MR. M. RAMAYYAPPA
(ASSOCIATE PROFESSOR)
In Association with
NATIONAL SERVICE SCHEME UNIT - SVCP


vada, Andhra Pradesh, India
G+P3G, Kovvada, Andhra Pradesh 534206, India
16.568845°
g 81.525127°
1/23 03:53 PM GMT +05:30


GPS Map Camera
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9G+F2Q, Tadepalligudem Rd, Kovvada, Andhra Pradesh 534206, India
Lat 16.568789°
Long 81.525511°
22/11/23 03:56 PM GMT +05:30
Google


GPS Map Camera
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9G+F2Q, Tadepalligudem Rd, Kovvada, Andhra Pradesh 534206, India
Lat 16.568838°
Long 81.525221°
22/11/23 03:58 PM GMT +05:30
Google


Kovvada, Andhra Pradesh, India
Bhimavaram, HG9G+F2Q, Tadepalligudem Rd, Kovvada, Andhra Pradesh
Lat 16.568752°
Long 81.525234°
22/11/23 03:57 PM GMT +05:30


Kovvada, Andhra Pradesh, India
Bhimavaram, HG9G+F2Q, Tadepalligudem Rd, Kovvada, Andhra Pradesh
Lat 16.568779°
Long 81.525178°
22/11/23 04:02 PM GMT +05:30


Kovvada, Andhra Pradesh, India
HG9G+P3G, Kovvada, Andhra Pradesh 534206, India
Lat 16.568842°
Long 81.526028°
22/11/23 04:31 PM GMT +05:30


Shri Vishnu College of Pharmacy
NATIONAL
PHARMACY
WEEK
CELEBRATIONS-2K23
EVENT:-3
Determination of
BODY MASS INDEX &
BLOOD PRESSURE
23-NOV-23
3:30 PM-4:30 PM
HAP LAB
PROGRAM COORDINATORS
In Association with
NATIONAL SERVICE SCHEME UNIT - SVCP


GPS Map Camera
Kovvada, Andhra Pradesh, India






GPS
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9F+JX3, Tadepalligudem Rd, Kovvada
534206, India
Lat 16.569122°
Long 81.524706°
23/11/23 03:10 PM GMT +05:30




GPS
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 53
Lat 16.56888°
Long 81.524782°
23/11/23 04:32 PM GMT +05:30






GPS
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 53
Lat 16.568937°
Long 81.5248°
23/11/23 04:28 PM GMT +05:30




GPS Map Camera
Kovvada, Andhra Pradesh, India


GPS
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9F+JX3, Tadepalligudem Rd, Kovvada
534206, India
Lat 16.568969°
Long 81.52486°
23/11/23 03:35 PM GMT +05:30


GPS
Kovvada, Andhra Pradesh, India
Bhimavaram, HG9F+JX3, Tadepalligudem Rd, Kovvada
534206, India
Lat 16.568971°
Long 81.524932°
23/11/23 04:27 PM GMT +05:30


GPS Map Camera
Kovvada, Andhra Pradesh, India




Shri Vishnu College of Pharmacy
(Autonomous)
Vishnupur, Bhimavaram-534 202, A.P.
NATIONAL
PHARMACY
WEEK
CELEBRATIONS-2K23
20- 25th NOVEMBER
EVENT:-3
Determination of
BODY MASS INDEX &
BLOOD PRESSURE
:- 23-NOV-23
:- 3:30 PM-4:30 PM
:- HAP LAB
STUDENT COORDINATORS
MS. B. JAHNAVI
MR. ANJAN
MS. A. JYOTHIRLEKHA
MR. G. YOHAN
PROGRAM COORDINATORS
DR. T. TEJASWINI
(ASSISTANT PROFESSOR)
MR. G. PREMI
(ASSISTANT PROFESSOR)
MRS. P. SALOMI
(ASSISTANT PROFESSOR)
PROGRAM ORGANIZERS
MR.B.BRAHMAIAH
(ASSOCIATE PROFESSOR)
DR. M. RAGHU BAPI RAJU
(ASSOCIATE PROFESSOR)
MR. M. RAMAYYAPPA
(ASSOCIATE PROFESSOR)
In Association with
NATIONAL SERVICE SCHEME UNIT - SVCP


GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.569045°
Long 81.524895°
23/11/23 03:29 PM GMT +05:30
Google












Kovvada, Andhra Pradesh, India
Lat 16.569045°
Long 81.524895°
23/11/23 03:33 PM GMT +05:30






Shri Vishnu College of Pharmacy
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Vishnupur, Bhimavaram-534 202, A.P.
NATIONAL
PHARMACY
WEEK
CELEBRATIONS-2K23
20- 25th NOVEMBER
EVENT:-4
SKIT or SHORT FILM
Theme:- JOIN PHARMACIST TO ENSURE PATIENT SAFETY
:- 24-NOV-23
:- 3:30 PM-4:30 PM
:- SEMINOR HALL
STUDENT COORDINATORS
MS. K. S. HARINI
MR. M. SYAM KUMAR
MS. SK. J. JASMINE
MR. V. HIMACHAND
PROGRAM COORDINATORS
DR. A. BHANU PRAKASH
(ASSOCIATE PROFESSOR)
DR. V. RAMA RAO
(ASSOCIATE PROFESSOR)
MR. M. MANIKANTA
(ASSISTANT PROFESSOR)
PROGRAM ORGANIZERS
MR.B.BRAHMAIAH
(ASSOCIATE PROFESSOR)
DR. M. RAGHU BAPI RAJU
(ASSOCIATE PROFESSOR)
MR. M. RAMAYYAPPA
(ASSOCIATE PROFESSOR)
In Association with
NATIONAL SERVICE SCHEME UNIT - SVCP


Kovvada, Andhra Pradesh, India
Bhimavaram, HG9F+JX3, Tadepalligudem Rd, Kovvada
534206, India
Lat 16.568972°
Long 81.524987°
24/11/23 04:06 PM GMT +05:30


Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 53
Lat 16.568887°
Long 81.525044°
24/11/23 04:06 PM GMT +05:30


Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 53
Lat 16.568887°
Long 81.525044°
24/11/23 04:05 PM GMT +05:30


Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 53
Lat 16.568882°
Long 81.525017°
24/11/23 04:05 PM GMT +05:30


Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 53
Lat 16.568875°
Long 81.525045°
24/11/23 04:04 PM GMT +05:30




Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 53
Lat 16.568888°
Long 81.52504°
24/11/23 03:43 PM GMT +05:30


Kovvada, Andhra Pradesh, India



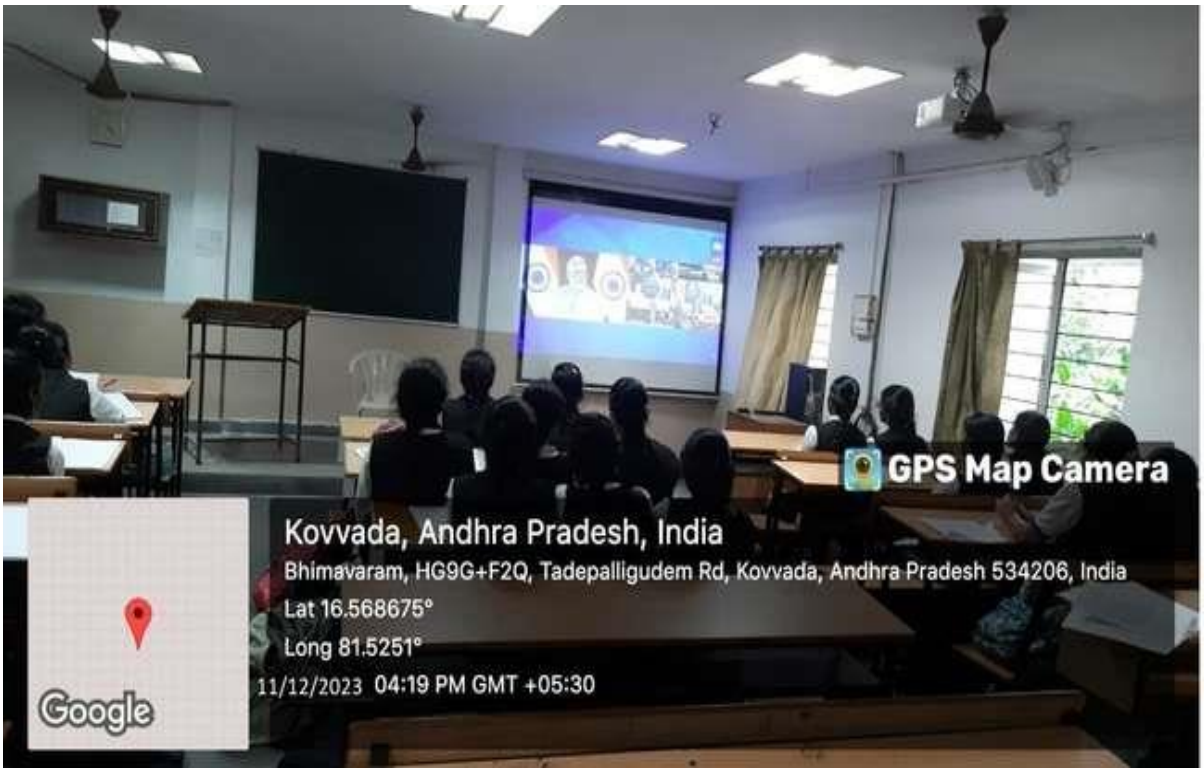
18. VIKSHIT BHARAT@2047-SVCP, Bhimavaram-11-12-2023



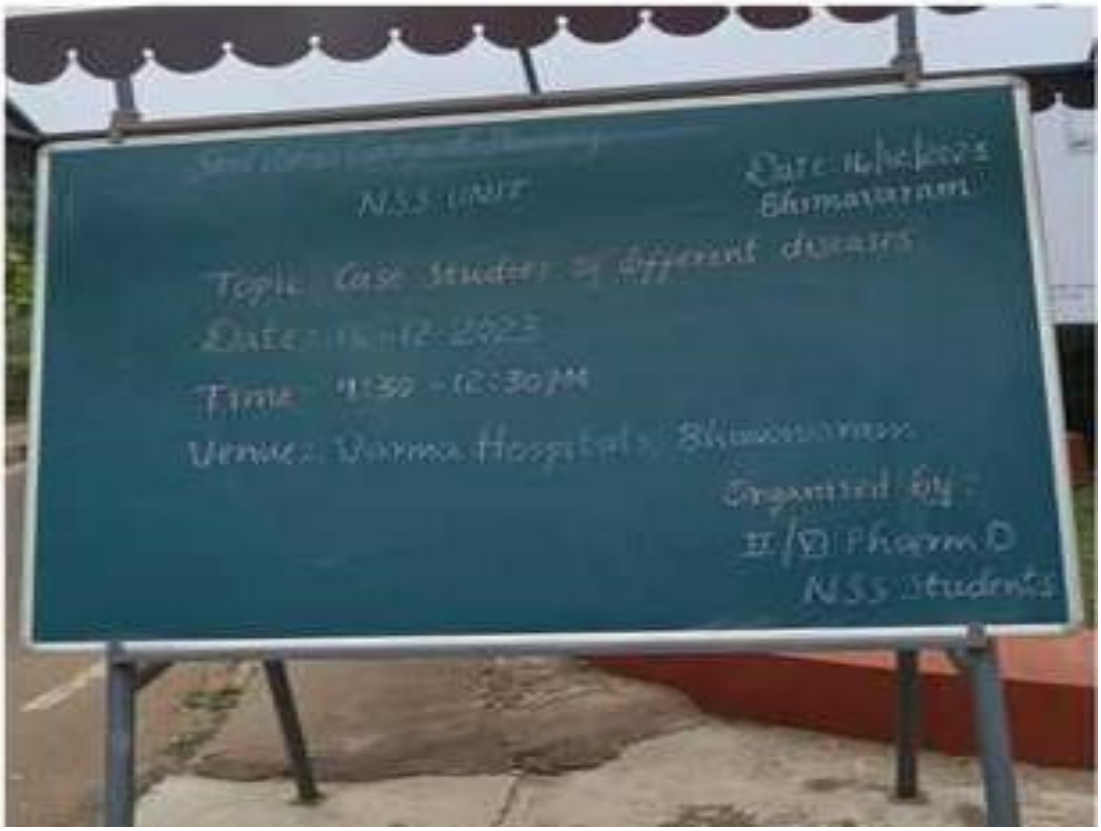




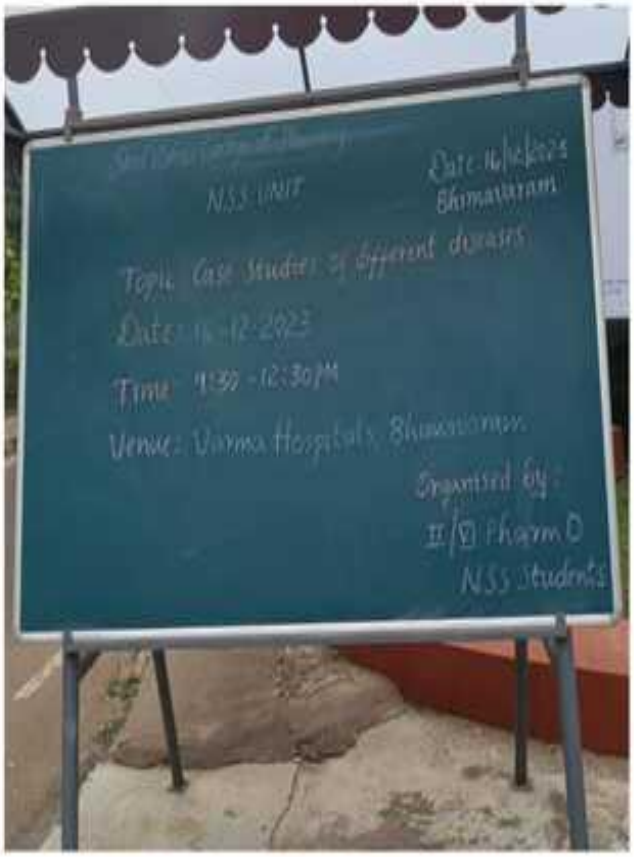




19. Case Studies & Awareness Programme on Different Diseases- Varma Hospitals, Bhimavaram -16-12-2023


NSS UNIT
Topic: Case studies of different diseases
Time: 11:30 - 12:30 PM
Venue: Varma Hospitals, Bhimavaram
Organized by:
II/IV Pharm D
NSS Students


GPS Map Camera
Bhimavaram, Andhra Pradesh, India
1-1-17, V.N.R Area, 2nd Floor, J.P Road, Tammi Raju Nagar, Bhimavaram, Andhra Pradesh 534204, India
Lat 16.542656°
Long 81.506664°
16/12/23 10:36 AM GMT +05:30
Google


NSS UNIT
Bhimavaram
Topic: Case studies of different diseases
Date: 16-12-2023
Time: 9:30 - 12:30 PM
Venue: Varma Hospitals, Bhimavaram
Organized by:
II/IV PharmD
NSS Students


Bhimavaram, Andhra Pradesh, India






Bhimavaram, Andhra Pradesh, India


Bhimavaram, Andhra Pradesh, India
534202, Suryanarayana Puram, Tammi Raju Nagar, Bhimava
Pradesh 534204, India
Lat 16.544386°
Long 81.510362°
16/12/23 10:38 AM GMT +05:30


VARMA
HOSPITALS
GPS Map
Korvada, Andhra Pradesh, India






Bhimavaram, Andhra Pradesh, India

20. Astharam& Bhavana Competitions –Library, SVCP, Bhimavaram -09-01-2024





INSTITUTION'S INNOVATION COUNCIL

Shri Vishnu College of Pharmacy
(Autonomous)
VISHNU (Estd: 1997; Affiliated to A.U., Visakhapatnam, Approved by AICTE & PCI)

NAAC NBA NATIONAL BOARD OF ACCREDITATION B.Pharmacy Course

AICTE

ASTHRAM

Prototype exibition

FORMULATION OF HAIR DEPILATORY





RURAL DISCOVERIES

PRANADHAATHA





CYCLE BLISS (HERBAL CHOCLATE)

ON 09/01/2024

VENUE: LIBRARY

INSTITUTION'S INNOVATION COUNCIL
(Ministry of Education Initiative)

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(Autonomous)
VISHNU (Estd: 1997; Affiliated to A.U., Visakhapatnam, Approved by AICTE & PCI)

NAAC

NBA NATIONAL BOARD OF ACCREDITATION
B.Pharmacy Course

AICTE

BHAVANA
CONCEPT COMPETITION



NATURAL INDICATOR



ANEROID WATCH



ELITE EMARALDS



URBAN TREE



MED DROP



MILLET MARVELS



PAIN RELIEF OIL



ACYCLOPHENAC

INSTITUTION'S INNOVATION COUNCIL
(Ministry of Education Initiative)

Shri Vishnu College of Pharmacy

(Autonomous)

VISHNU

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NAAC A

NBA NATIONAL BOARD OF ACCREDITATION B.Pharmacy Course

AICTE



NATU RELIEF



MEDISCRIPT



IE LIGHT



PSYLIAN HUSK JUICE



FIRE ACCIDENTS ALARM



RETRO VIRUS AND CORONA



IMMUNOBOOSTING FORMULATION



AID ALLEY APP



IMMUNITY



HERBAL NAIL POLISH

ON 09/01/2024. @LIBRARY

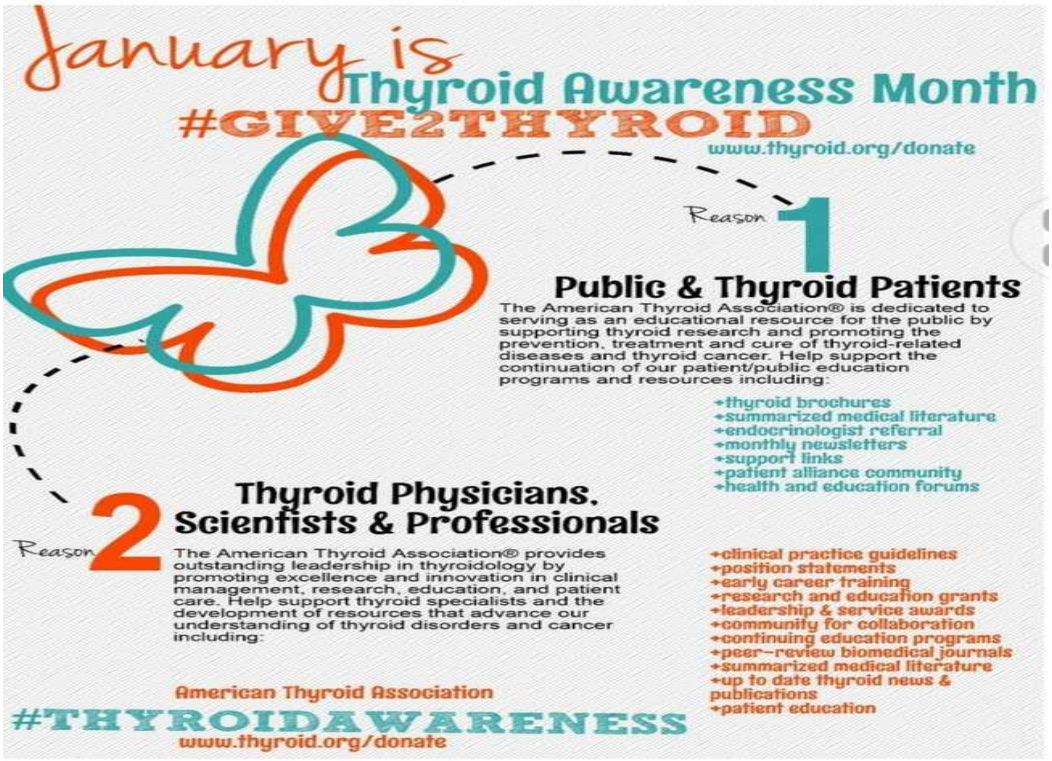

GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568866°
Long 81.524964°
09/01/24 04:26 PM GMT +05:30
Google

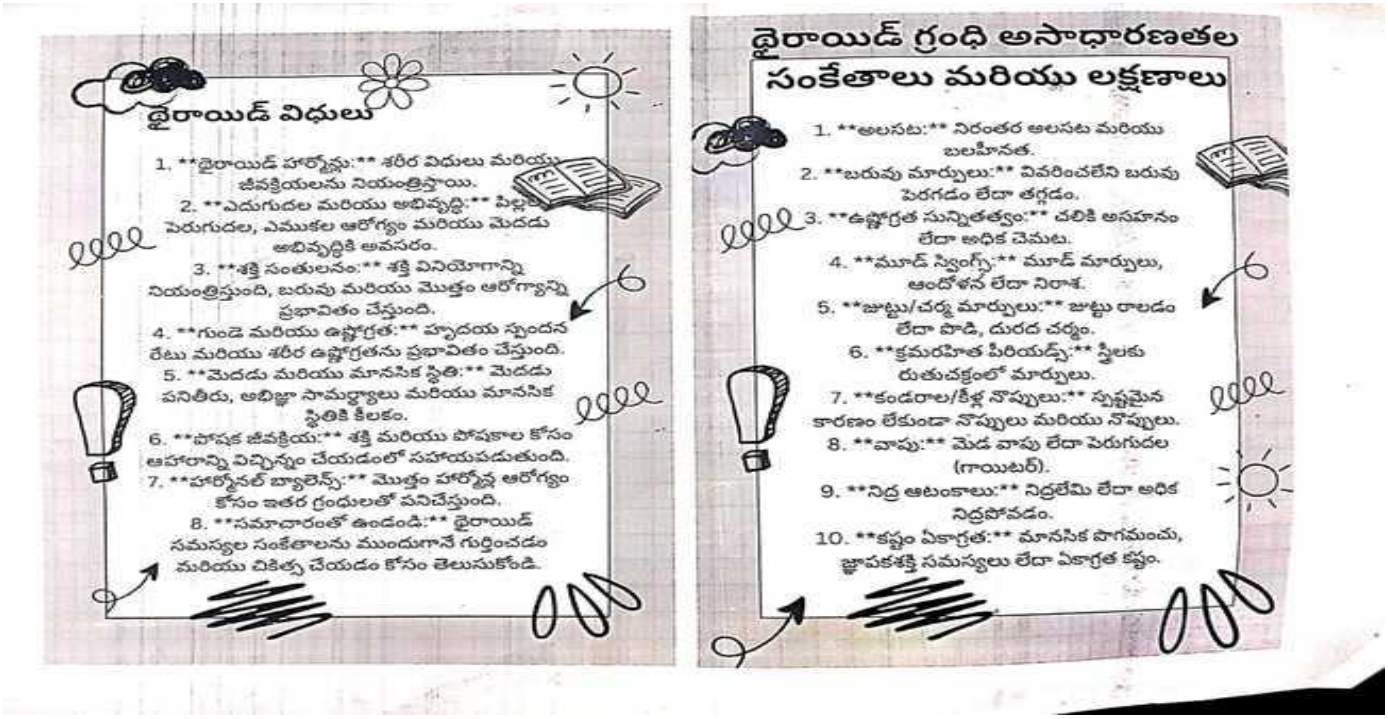

MedDrop
BUSINESS
GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568869°
Long 81.524961°
09/01/24 04:48 PM GMT +05:30
Google

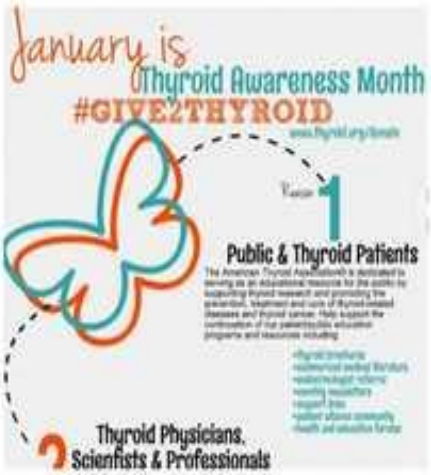
21.Awareness Programme on ThyriodProblems– Palacoderu,Bhimavaram -10-01-2024

Home » January is Thyroid Awareness Month























22. National Girls Child Day – SVCP,Bhimavaram -24-01-2024

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(Autonomous)

VISHNU (Estd: 1997; Affiliated to A.U., Visakhapatnam, Approved by AICTE & PCI)

NAAC A

NBA NATIONAL BOARD OF ACCREDITATION B.Pharmacy Course

NSS UNIT -SVCP

National Girl Child Day, 24-01-2024



THEME - i) Girls Deserve Equal Opportunities

ii) Empowering Girls Empowers Societies

Venue-SVCP-Seminar Hall

Time-3.30 PM to 4.30Pm

Date-24-01-2024

Shri Vishnu College of Pharmacy

NSS UNIT -SVCP

National Girl Child Day, 24-01-2024



THEME :- i) Girls Deserve Equal Opportunities

ii) Empowering Girls Empowers Societies

Venue: SVCP Seminar Hall

Time:3.30 PM to 4.30Pm

Date:24-01-2024















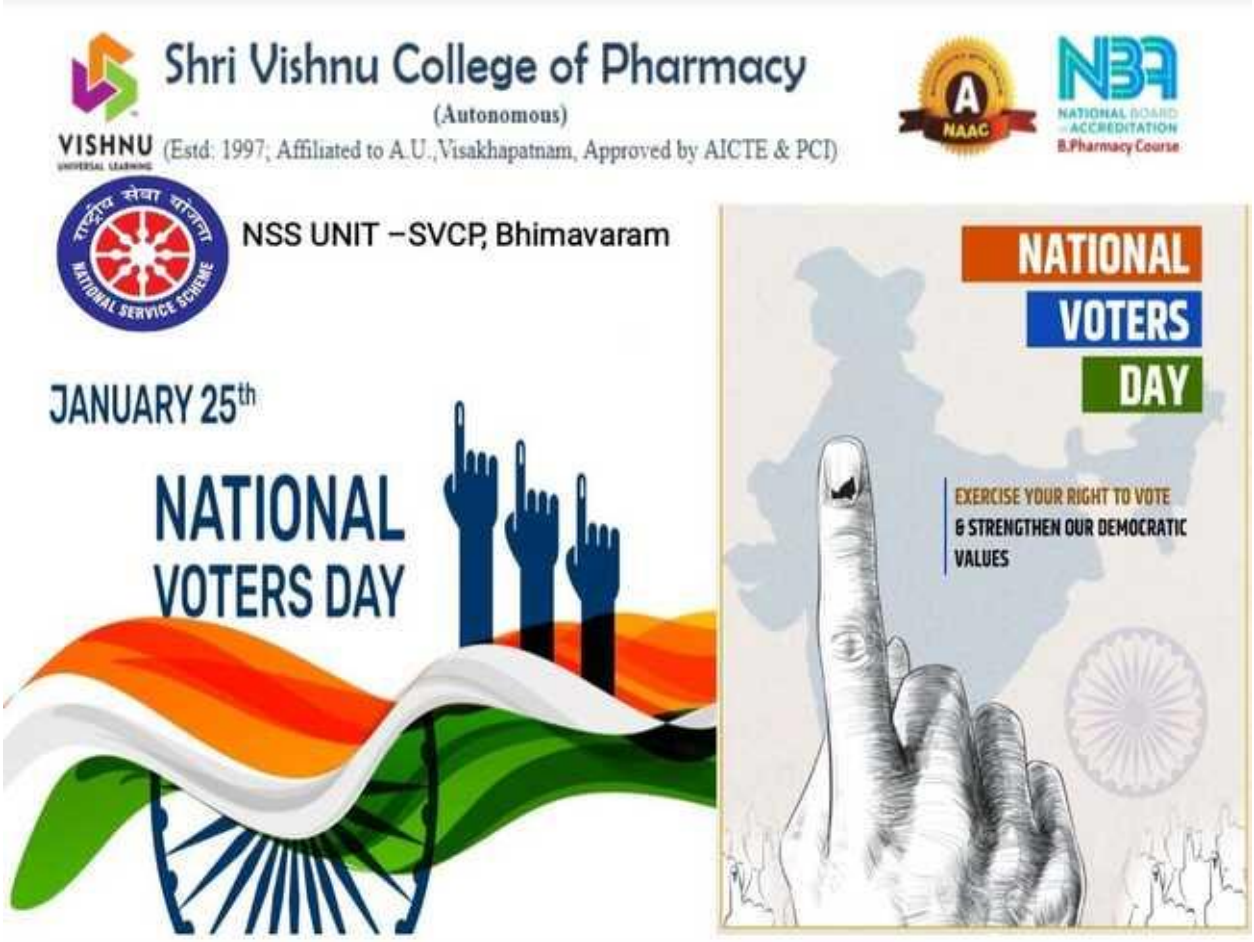








23. National Voters Day – Awareness Programme on Importance of Vote, Durgapuram,Kovvada, Bhimavaram -25-01-2024



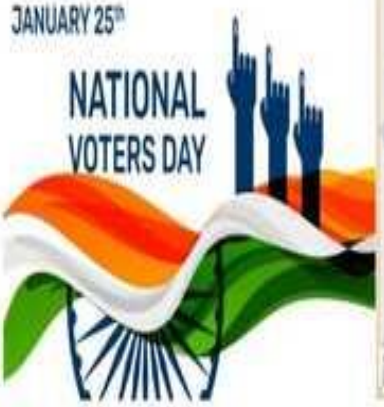


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VISHNU (Estd. 1997, Affiliated to A.U, Vizianagaram, Approved by AICTE & PCI)

NSS UNIT –SVCP, Bhimavaram
































NATIONAL VOTERS DAY
NATIONAL VOTERS DAY


2024


NATIONAL SERVICE SCHEME
Shri Vishnu College of Pharmacy
a, Andhra Pradesh, India
GXM, Kovvada, Andhra Pradesh 534206,
68883°
525109°
4 09:54 AM GMT +05:30


a, Andhra Pradesh, India
GXM, Kovvada, Andhra Pradesh 534206,
68883°
525109°
4 09:43 AM GMT +05:30


a, Andhra Pradesh, India
GXM, Kovvada, Andhra Pradesh 534206,
68883°
525109°
4 09:51 AM GMT +05:30



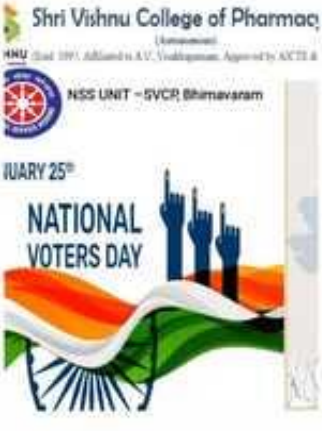

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West Godavari,AP,India


West Godavari,AP,India

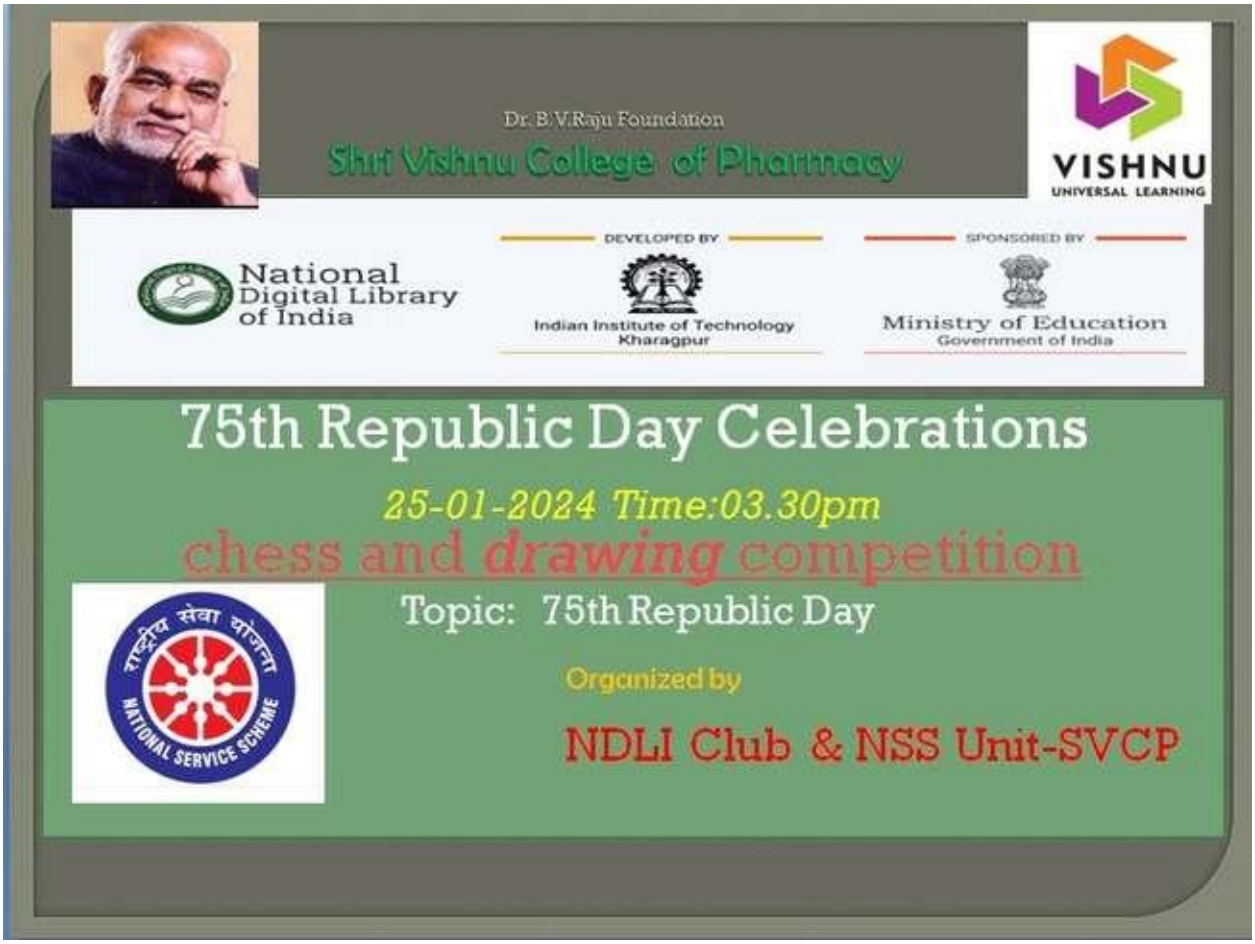

VOTING
IS NOT ONLY A R
BUT A DUTY.
NOTHING
E VOTING
E FOR SURE
NATIONAL
VOTERS' DAY
25th January 2024


Shri Vishnu College of Pharmacy
NSS UNIT – SVCP, Bhimavaram
NATIONAL
VOTERS DAY

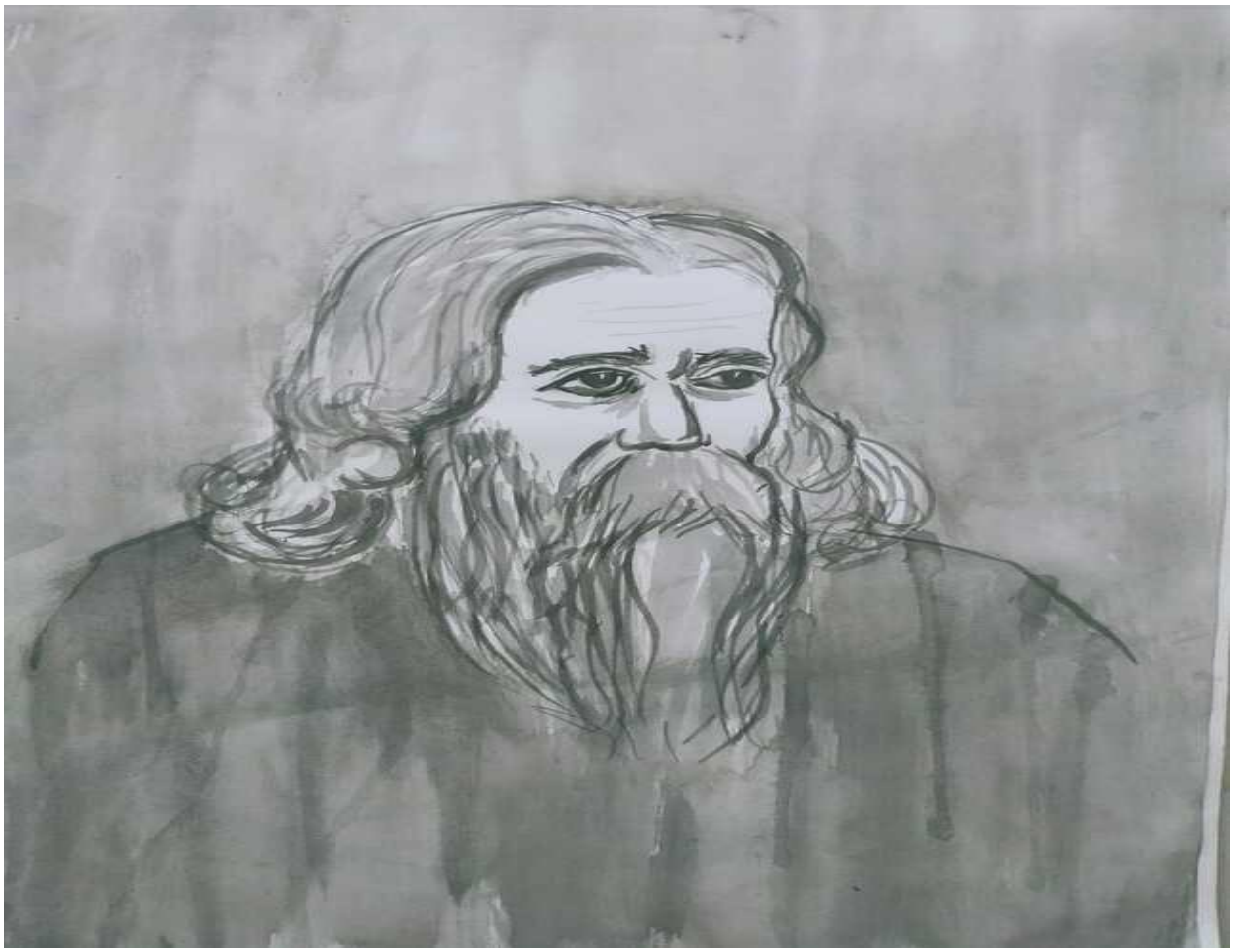

2024
READY TO VOTE

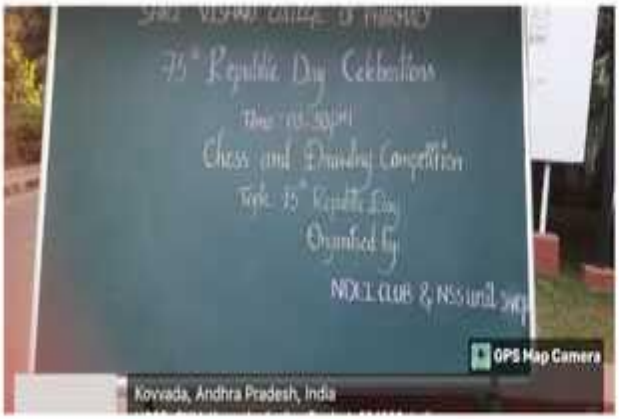
24. Republic Day Celebrations-2024, SVCP-Bhimavaram -25-01-2024






G. Ganesw




75th Republic Day Celebrations
Chess and Drawing Competition
Organised by
GPS Map Camera
Kovvada, Andhra Pradesh, India


GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568883°
Long 81.526109°


GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568883°
Long 81.526109°


NATIONAL SERVICE SCHEME
GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568883°
Long 81.526109°


NATIONAL SERVICE SCHEME
GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568883°
Long 81.526109°

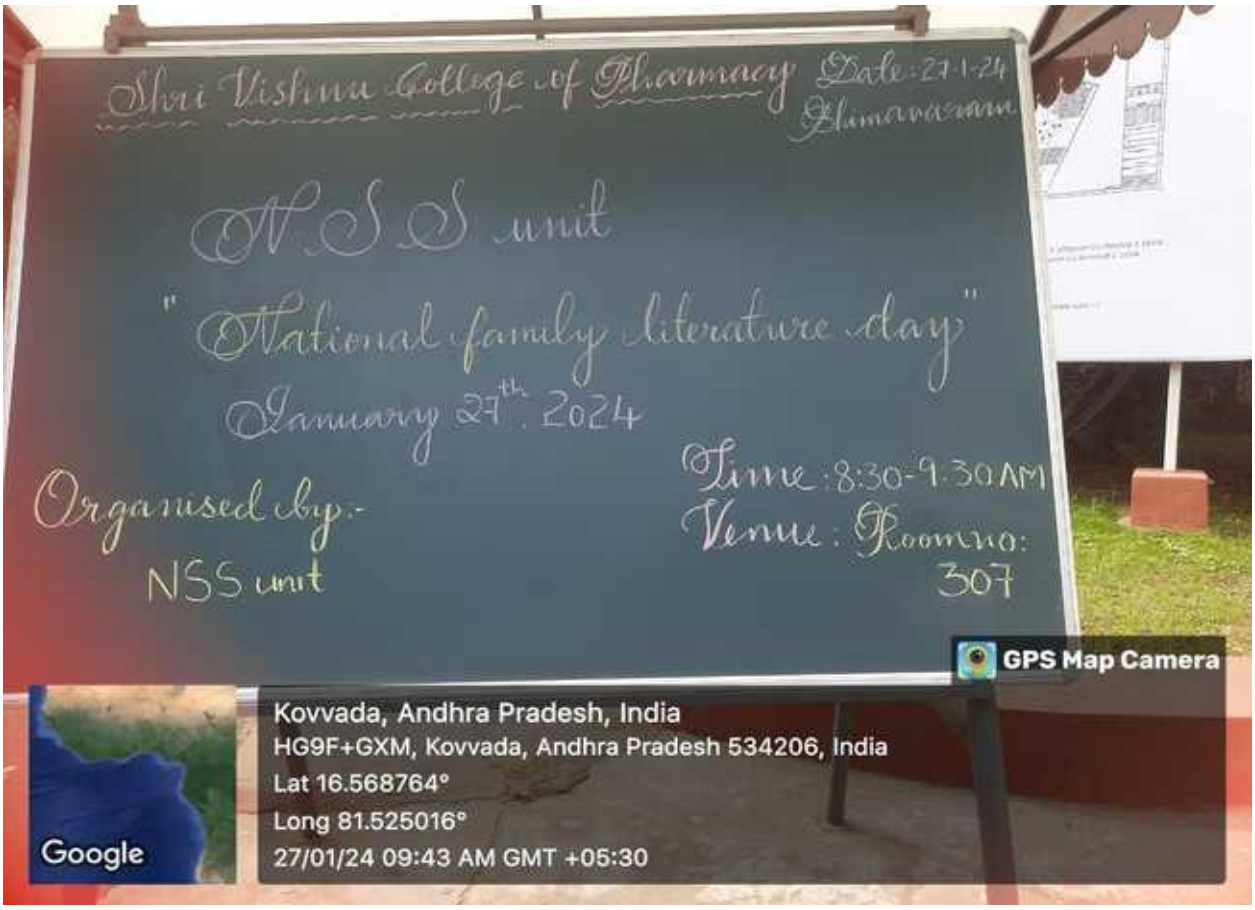

GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568883°
Long 81.526109°


GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568883°
Long 81.526109°


GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568883°
Long 81.526109°


Ragging is an evil in educational institutes.
It is against humanity and it hurts the sentiments of new-comers
republic India
STUDENT COUNCIL
India

25. National Family Literacy Day, SVCP-Bhimavaram -27-01-2024



Shri Vishnu College of Pharmacy

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NAAC A

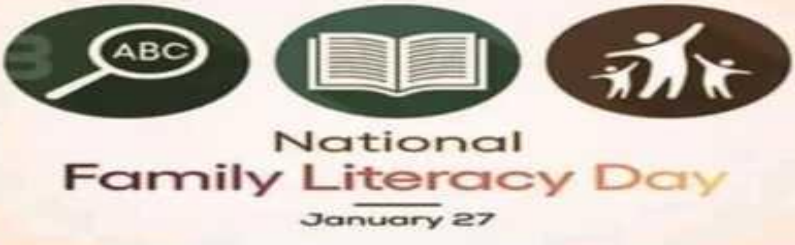
NBA NATIONAL BOARD OF ACCREDITATION B.Pharmacy Course

NSS UNIT – SVCP, Bhimavaram

National Family Literacy Day, 27-01-2024

పిల్లలకు ఎంత సంపాదించి ఇచ్చినా
వారి వద్ద ఉంటుందో లేదో తెలియదు
కానీ.. అక్షర జ్ఞానం ఇస్తే
అదే వారిని గొప్పవారిని చేస్తుంది

కుటుంబ అక్షరాస్యతా
దినోత్సవం
జనవరి 27



THEME - Essay Writing Competition

Venue-SVCP-Class Room -307

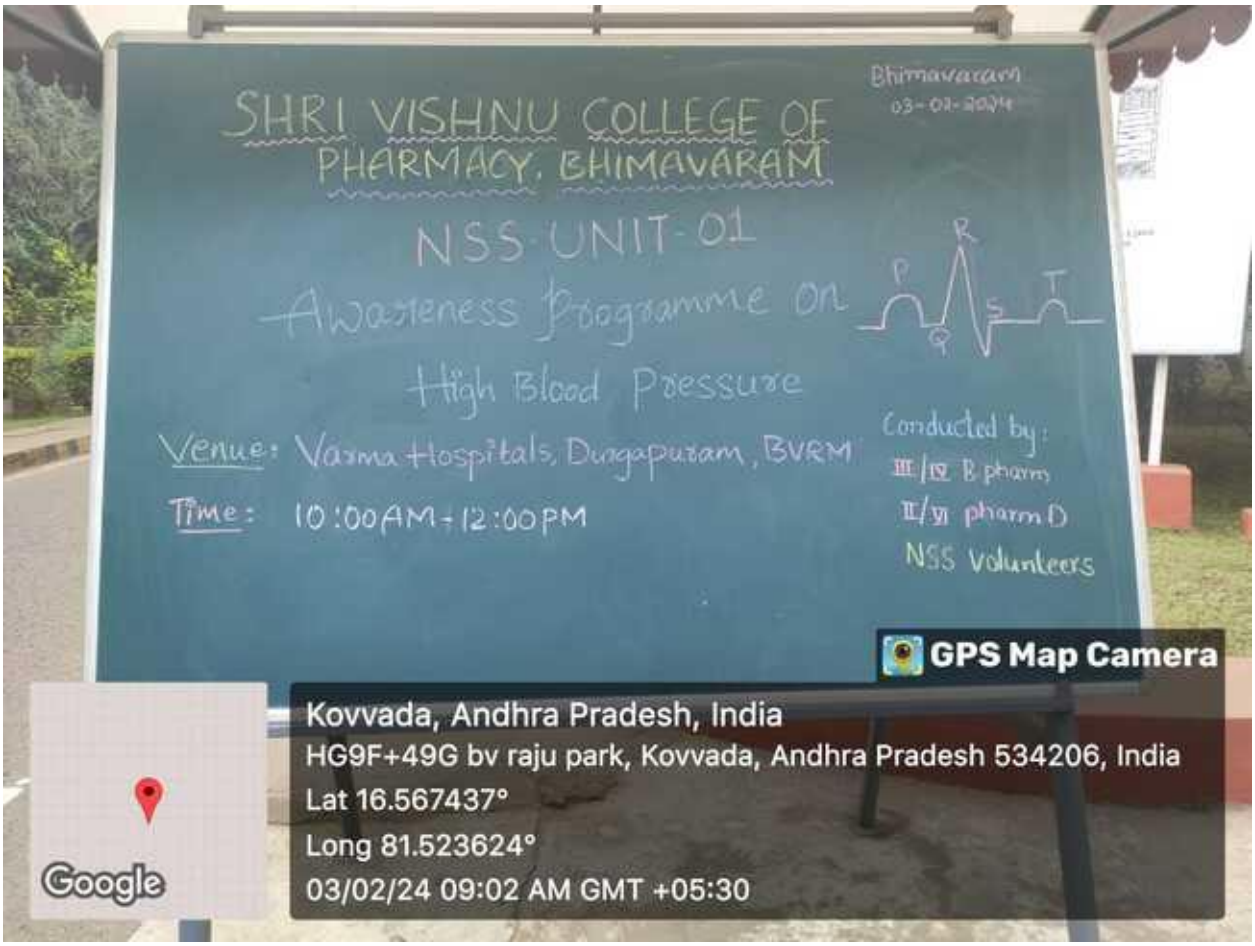
Time-8.30 PM to 9.30Am

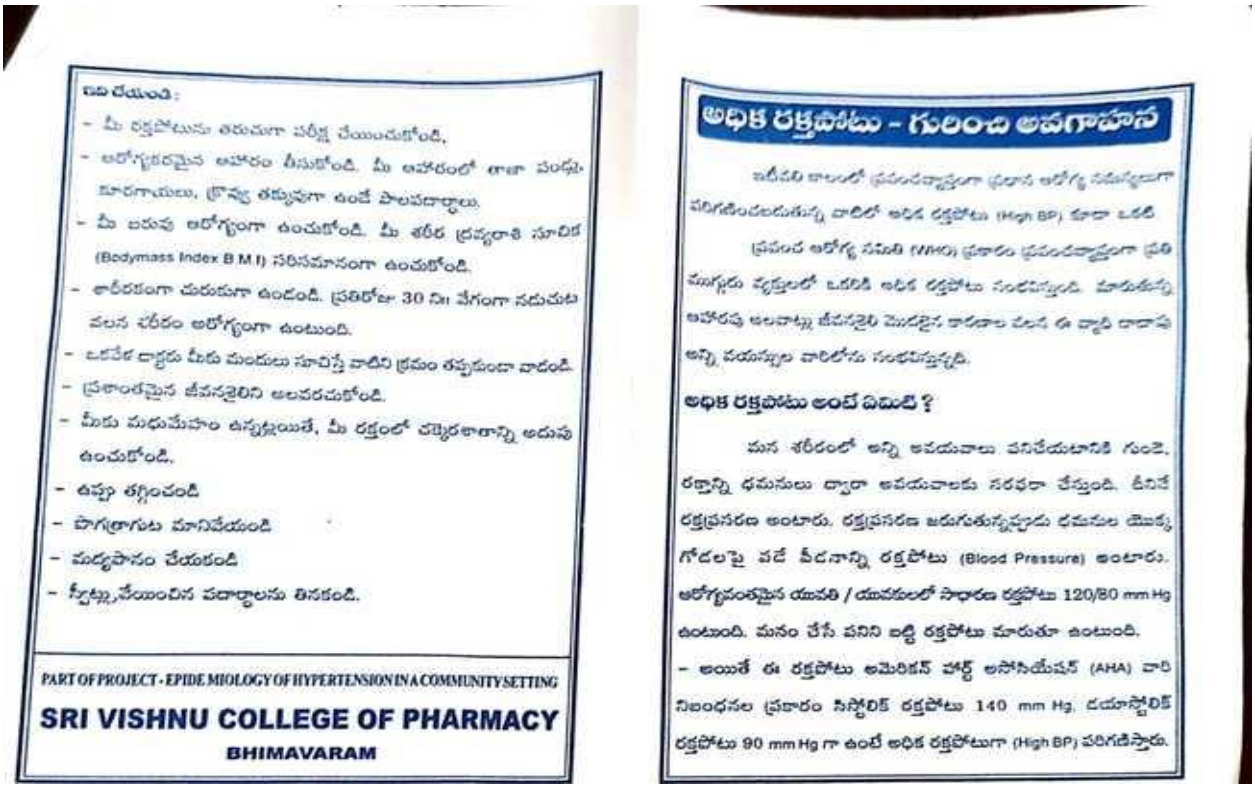
Date-27-01-2024


GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9F+GXM, Kovvada, Andhra Pradesh 534206, India
Lat 16.568764°
Long 81.525016°
27/01/24 08:55 AM GMT +05:30
Google



26. Awareness Programme on High Blood Pressure, Durgapuram, Kovvada, Bhimavaram -03-02-2024





చేయండి:

- మీ రక్తపోటును తరచుగా పరీక్ష చేయించుకోండి.
- ఆరోగ్యకరమైన ఆహారం తీసుకోండి. మీ ఆహారంలో తాజా పండ్లు, కూరగాయలు, ధాన్యం తక్కువగా ఉండే పాలపదార్థాలు.
- మీ బరువు ఆరోగ్యంగా ఉంచుకోండి. మీ శరీర ద్రవ్యరాశి సూచిక (Bodymass Index B M I) సరిసమానంగా ఉంచుకోండి.
- శారీరకంగా చురుకుగా ఉండండి. ప్రతిరోజు 30 ని॥ వేగంగా నడుచుట వలన శరీరం ఆరోగ్యంగా ఉంటుంది.
- ఒకవేళ ధూమపానం మీరు మందులు సూచిస్తే వాటిని క్రమం తప్పకుండా వాడండి.
- ప్రశాంతమైన జీవనశైలిని అలవరచుకోండి.
- మీరు మధుమేహం ఉన్నట్లయితే, మీ రక్తంలో చక్కెరశాతాన్ని అదుపు ఉంచుకోండి.
- ఉప్పు తగ్గించండి
- పొగత్రాగుట మానివేయండి
- మద్యపానం చేయకండి
- స్వీట్లు,నేయించిన పదార్థాలను తినకండి.

PART OF PROJECT - EPIDEMIOLOGY OF HYPERTENSION IN A COMMUNITY SETTING

SRI VISHNU COLLEGE OF PHARMACY

BHIMAVARAM

అధిక రక్తపోటు - గురించి అవగాహన

ఇటీవలి కాలంలో ప్రపంచవ్యాప్తంగా ప్రధాన ఆరోగ్య సమస్యగా పరిగణింపబడుతున్న వాటిలో అధిక రక్తపోటు (High BP) కూడా ఒకటి.

ప్రపంచ ఆరోగ్య సమితి (WHO) ప్రకారం ప్రపంచవ్యాప్తంగా ప్రతి మనుగ్గురు వ్యక్తులలో ఒకరికి అధిక రక్తపోటు సంభవిస్తుంది. మారుతున్న ఆహారపు అలవాట్లు జీవనశైలి మొదలైన కారణాల వలన ఈ వ్యాధి బారిన అన్ని వయస్సుల వారిలోను సంభవిస్తున్నది.

అధిక రక్తపోటు అంటే ఏమిటి ?

మన శరీరంలో అన్ని అవయవాలు పనిచేయటానికి గుండె, రక్తాన్ని ధమనులు ద్వారా అవయవాలకు సరఫరా చేస్తుంది. దీనినే రక్తప్రసరణ అంటారు. రక్తప్రసరణ జరుగుతున్నప్పుడు ధమనుల యొక్క గోడలపై పడే వీడనాన్ని రక్తపోటు (Blood Pressure) అంటారు. ఆరోగ్యవంతమైన యువతి / యువకులలో సాధారణ రక్తపోటు 120/80 mm Hg ఉంటుంది. మనం చేసే పనిని బట్టి రక్తపోటు మారుతూ ఉంటుంది.

– అయితే ఈ రక్తపోటు అమెరికన్ హార్ట్ అసోసియేషన్ (AHA) వారి నిబంధనల ప్రకారం సిస్టోలిక్ రక్తపోటు 140 mm Hg. డయాస్టోలిక్ రక్తపోటు 90 mm Hg గా ఉంటే అధిక రక్తపోటుగా (High BP) పరిగణిస్తారు.










Bhimavaram, Andhra Pradesh, India




Bhimavaram, Andhra Pradesh, India








Bhimavaram, Andhra Pradesh, India

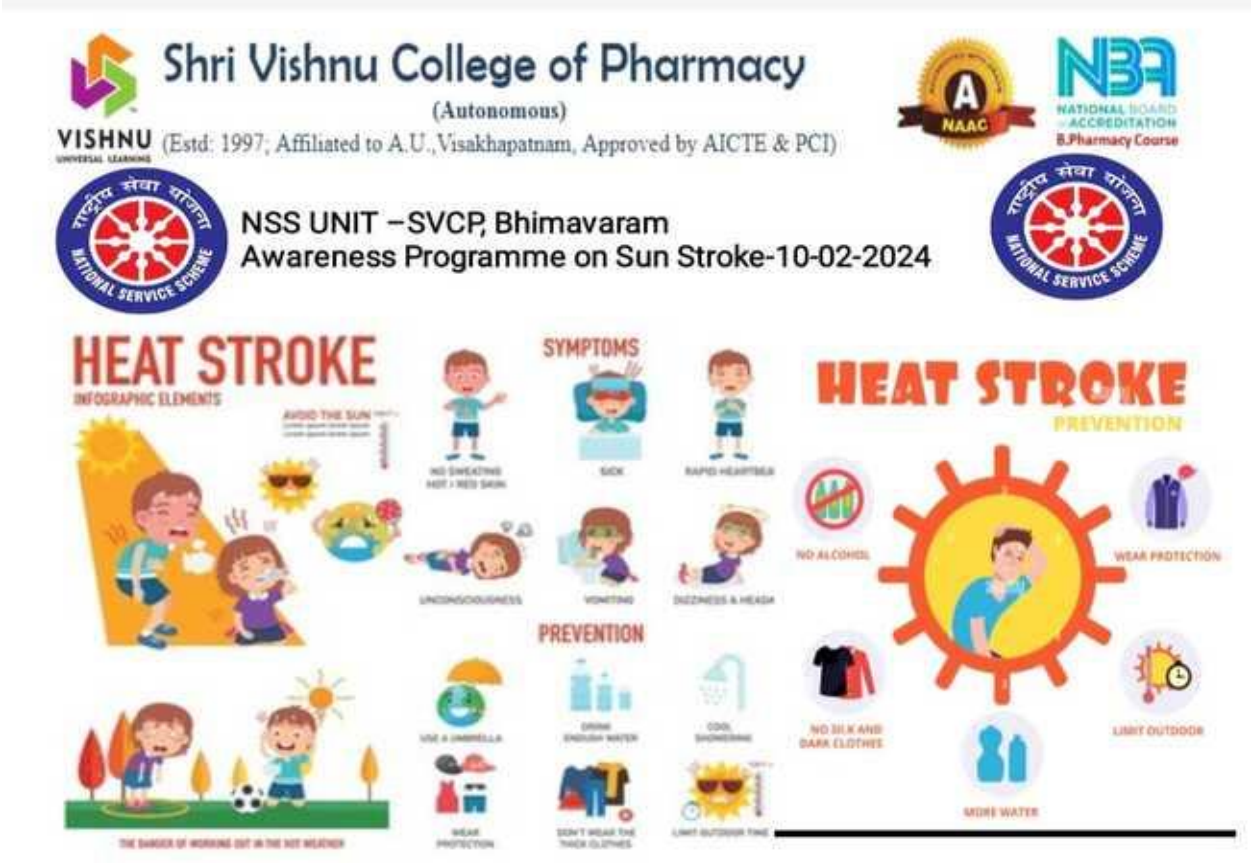


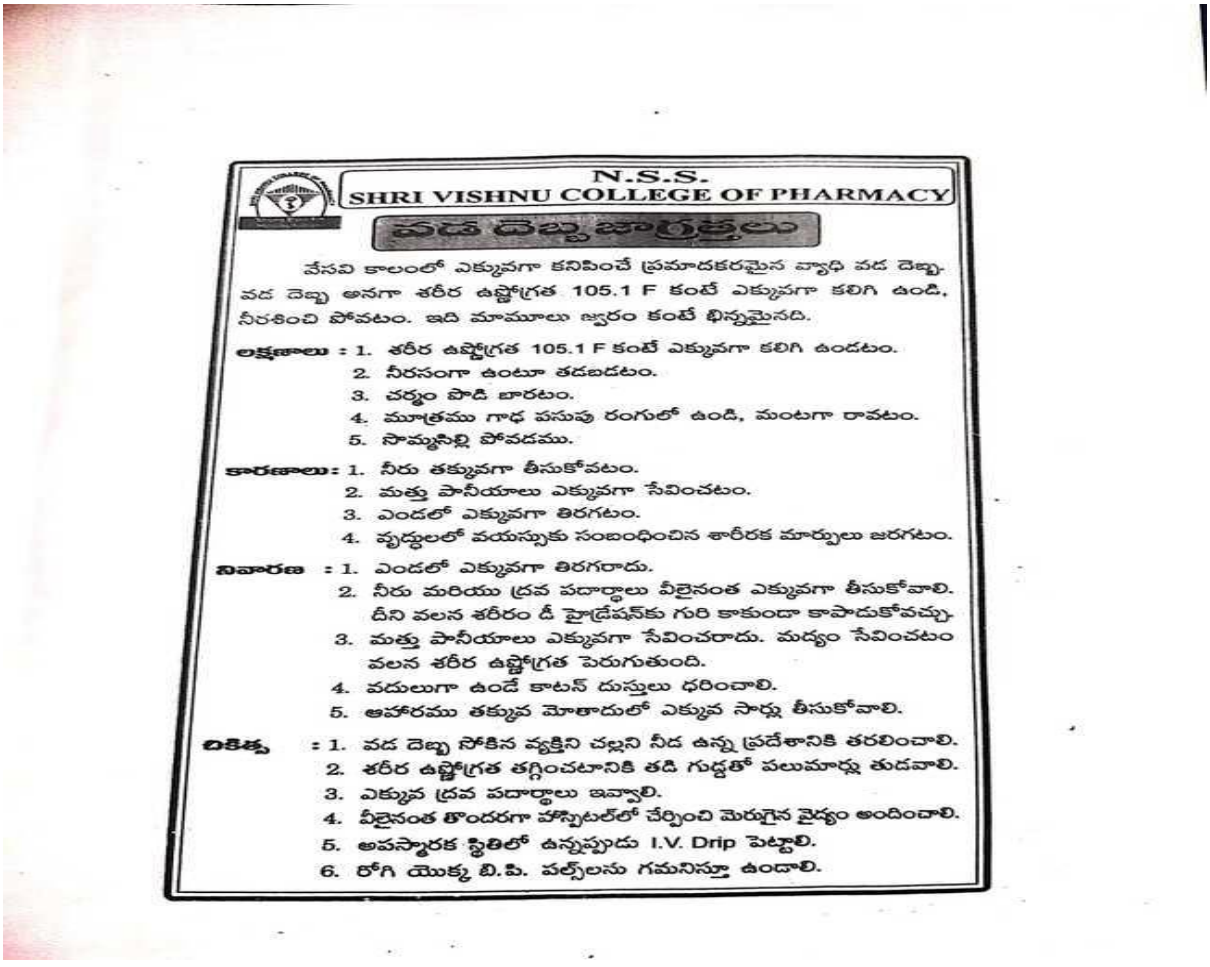






27. Awareness Programme on Sun Stroke, Durgapuram, Kovvada, Bhimavaram -10-02-2024





N.S.S.
SHRI VISHNU COLLEGE OF PHARMACY

వడ దెబ్బ జాగ్రత్తలు

వేసవి కాలంలో ఎక్కువగా కనిపించే ప్రమాదకరమైన వ్యాధి వడ దెబ్బ. వడ దెబ్బ అనగా శరీర ఉష్ణోగ్రత 105.1 F కంటే ఎక్కువగా కలిగి ఉండి, నీరసించి పోవటం. ఇది మామూలు జ్వరం కంటే భిన్నమైనది.

లక్షణాలు : 1. శరీర ఉష్ణోగ్రత 105.1 F కంటే ఎక్కువగా కలిగి ఉండటం.
2. నీరసంగా ఉంటూ తడబడటం.
3. చర్మం పొడి బారటం.
4. మూత్రము గాఢ పసుపు రంగులో ఉండి, మంటగా రావటం.
5. సొమ్మసిల్లి పోవడము.

కారణాలు: 1. నీరు తక్కువగా తీసుకోవటం.
2. మత్తు పానీయాలు ఎక్కువగా సేవించటం.
3. ఎండలో ఎక్కువగా తిరగటం.
4. వృద్ధులలో వయస్సుకు సంబంధించిన శారీరక మార్పులు జరగటం.

నివారణ : 1. ఎండలో ఎక్కువగా తిరగరాదు.
2. నీరు మరియు ద్రవ పదార్థాలు వీలైనంత ఎక్కువగా తీసుకోవాలి. దీని వలన శరీరం డీ హైడ్రేషన్‌కు గురి కాకుండా కాపాడుకోవచ్చు.
3. మత్తు పానీయాలు ఎక్కువగా సేవించరాదు. మద్యం సేవించటం వలన శరీర ఉష్ణోగ్రత పెరుగుతుంది.
4. వదులుగా ఉండే కాటన్ దుస్తులు ధరించాలి.
5. ఆహారము తక్కువ మోతాదులో ఎక్కువ సార్లు తీసుకోవాలి.

చికిత్స : 1. వడ దెబ్బ సోకిన వ్యక్తిని చల్లని నీడ ఉన్న ప్రదేశానికి తరలించాలి.
2. శరీర ఉష్ణోగ్రత తగ్గించటానికి తడి గుడ్డతో పలుమార్లు తుడవాలి.
3. ఎక్కువ ద్రవ పదార్థాలు ఇవ్వాలి.
4. వీలైనంత తొందరగా హాస్పిటల్‌లో చేర్పించి మెరుగైన వైద్యం అందించాలి.
5. అపస్మారక స్థితిలో ఉన్నప్పుడు I.V. Drip పెట్టాలి.
6. రోగి యొక్క బి.పి. పల్స్‌లను గమనిస్తూ ఉండాలి.


















28. Awareness Programme on Dehydration, Durgapuram, Kovvada, Bhimavaram -24-02-2024





నిర్జలీకరణ నివారణ

1. మొట్టమొదట గ్రహించాలి: నిర్జలీకరణాన్ని నివారించడానికి అత్యంత ప్రభావవంతమైన మార్గం మీరు రోజంతా తరచుగా మొత్తంలో ద్రవాలు తాగడమేనని నిర్ధారించుకోవడం. మీరు ఉత్సాహం ఎంపిక, కానీ మీరు హైడ్రేట్ చేయు, కొబ్బరి నీరు లేదా మలయన మెత్తటి రసాలు మంచి హైడ్రేషన్ ఫుడ్ ప్రత్యామ్నాయాలు కూడా తీసుకోవచ్చు.

2. మీరు ఆరోగ్యంగా ఉండే ఆహారాలు తినండి: దోసకాయలు, పుచ్చకాయలు, నారింజలు, స్ట్రాబెర్రీలు మరియు పాలకూర వంటి ఆధిక నీటి శాతంతో ఉన్న ఆహారాలను మీ ఆహారంలో చేర్చుకోండి. ఈ ఆహారాలు మీ మొత్తం ద్రవం తీసుకోవడానికి దోహదం చేస్తాయి మరియు మిమ్మల్ని హైడ్రేటెడ్‌గా ఉంచడంలో సహాయపడతాయి.

3. ఎలక్ట్రోలైట్ లోపించకుండా: మీరు ఎక్కువగా చెమటలను పట్టినప్పుడు లేదా అనారోగ్యం కారణంగా వాంతులైనప్పుడు ఎలక్ట్రోలైట్‌లను తిరిగి నింపడం ముఖ్యం. మీరు చిటికెడు ఉప్పు మరియు కొద్ది మొత్తంలో చక్కెర లేదా తేనెతో వేడిని కలపడం ద్వారా ఇంట్లో తయారుచేసిన ఎలక్ట్రోలైట్ పానీయాన్ని తయారు చేసుకోవచ్చు ప్రత్యామ్నాయంగా, మీరు అరటిపండ్లు, పెరుగు మరియు స్పోర్ట్స్ డ్రింక్స్ (మితంగా) వంటి ఎలక్ట్రోలైట్ అధికంగా ఉండే ఆహారాలను తీసుకోవచ్చు.

4. ఆధిక కెఫీన్ మరియు ఆల్కహాల్‌ను పరిమితం చేయండి: కెఫీన్ మరియు ఆల్కహాల్ రెండూ మూత్ర విసర్జనను పెంచడం ద్వారా నిర్జలీకరణానికి దోహదం చేస్తాయి. ముఖ్యంగా వేసి వాతావరణంలో లేదా అధిక శ్రమ చేయడంలో ఈ పానీయాల వినియోగాన్ని పరిమితం చేయండి.

5. చల్లగా ఉండండి: వేసి వాతావరణంలో, చల్లగా ఉండటానికి మరియు అధిక చెమటను నివారించడానికి చర్యలు తీసుకోండి. వీలైతే ఎయిర్ కండిషన్డ్ ప్రదేశాలలో ఉండండి, తేలికైన మరియు శ్వాసక్రియను అనుమతించే దుస్తులను ధరించండి మరియు తీవ్ర ఉష్ణోగ్రతను తప్పించడానికి స్నానం లేదా చల్లని వస్త్రాలను ఉపయోగించండి.

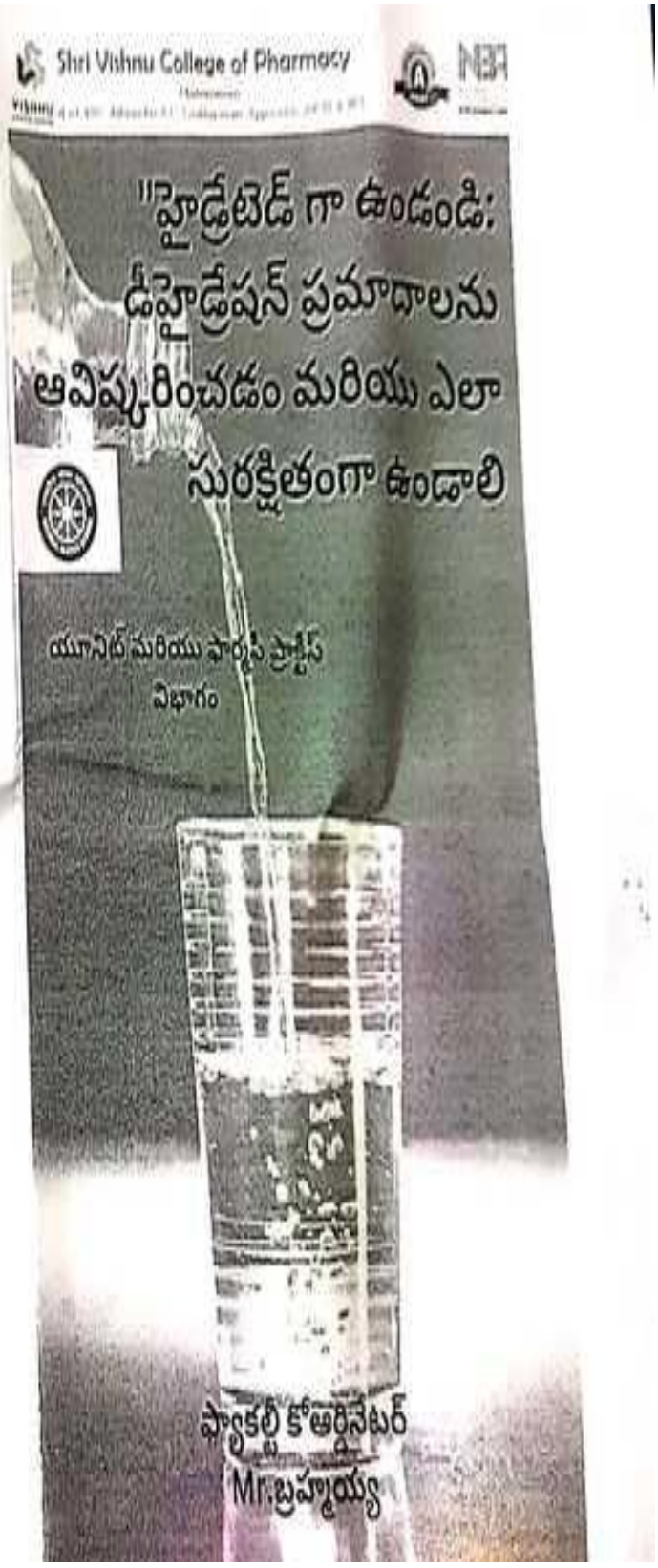
6. మూత్రం రంగును పర్యవేక్షించండి: మీ మూత్రం యొక్క రంగుపై శ్రద్ధ వహించండి ఎందుకంటే అది మీ హైడ్రేషన్ స్థితిని సూచిస్తుంది. లేత పసుపు మూత్రం కోసం గురి పెట్టండి, అది తగినంత ఆర్ద్రీకరణను సూచిస్తుంది. ముదురు పసుపు లేదా అంబర్ రంగు మూత్రం నిర్జలీకరణాన్ని సూచిస్తుంది.

7. క్రమం తప్పకుండా ద్రవాలను సిప్ చేయండి: మీకు దాహం వేసే వరకు వేచి ఉండకుండా, హైడ్రేషన్ స్థాయిలను నిర్వహించడానికి రోజంతా క్రమం తప్పకుండా ద్రవాలను సిప్ చేయడం అలవాటు చేసుకోండి. నీళ్ల బాటిల్‌ను మీతో ఉంచుకుని, మీరు మిస్ అవ్వకుండా ఉండటానికి రిమైండర్‌లను సెట్ చేసుకోండి.

8. వ్యాయామం తర్వాత రీహైడ్రేట్ చేయండి: మీరు శారీరక శ్రమ లేదా వ్యాయామంలో పాల్గొన్నప్పుడు, చెమట ద్వారా కోల్పోయిన ద్రవాలను తిరిగి నింపడానికి అదనపు ద్రవాలు త్రాగడం ముఖ్యం. నీరు, ఉడకబెట్టిన పులుసు లేదా ఎలక్ట్రోలైట్ పానీయాలు వంటి పుష్కలమైన ద్రవాలను తాగడం సిప్ చేయండి మరియు ఎక్కువ కాలం పాటు సరైన హైడ్రేషన్‌ను నిర్ధారించుకోండి.

9. మద్యాన్ని పరిమితం చేయండి: వేడి వాతావరణంలో లేదా చురుకుగా ఉన్నప్పుడు ఆల్కహాల్ నిర్జలీకరణానికి దోహదం చేస్తుంది, మద్యాన్ని పరిమితం చేయడం లేదా పూర్తిగా నివారించడం మంచిది. మీరు మద్యం సేవించాలని ఎంచుకుంటే, ప్రతి ఆల్కహాల్ పానీయానికి ఒక గ్లాసు నీరు త్రాగాలని గుర్తుంచుకోండి.

10. అనారోగ్యం సమయంలో ద్రవం తీసుకోవడం పర్యవేక్షించండి: మీరు అనారోగ్యంగా ఉన్నప్పుడు, ముఖ్యంగా వాంతులు, విరేచనాలు లేదా జ్వరంతో బాధపడుతున్నప్పుడు, మీ శరీరానికి ద్రవాలు అవసరం పెరుగుతుంది. మీరు తగినంత ద్రవాలను తీసుకోవడం లేదని మీరు భావిస్తే, ఓరల్ రీహైడ్రేషన్ సొల్యూషన్స్ (ORS) వంటి ప్రత్యేక పానీయాలను తీసుకోవడం లేదా వైద్య సలహా తీసుకోవడం గురించి ఆలోచించండి.




Shri Vishnu College of Pharmacy
NSS UNIT - SVCP, Bhimavaram, 24.02.2024 10.30AM-12.30PM
Awareness Programme on Dehydration, Bhimavaram, Konaala
DEHYDRATIO
DEHYDRATION




























Bhimavaram, Andhra Pradesh, India












Shri Vishnu College of Pharmacy
DEHYDRATION
SYMPTOMS
DEHYDRATION













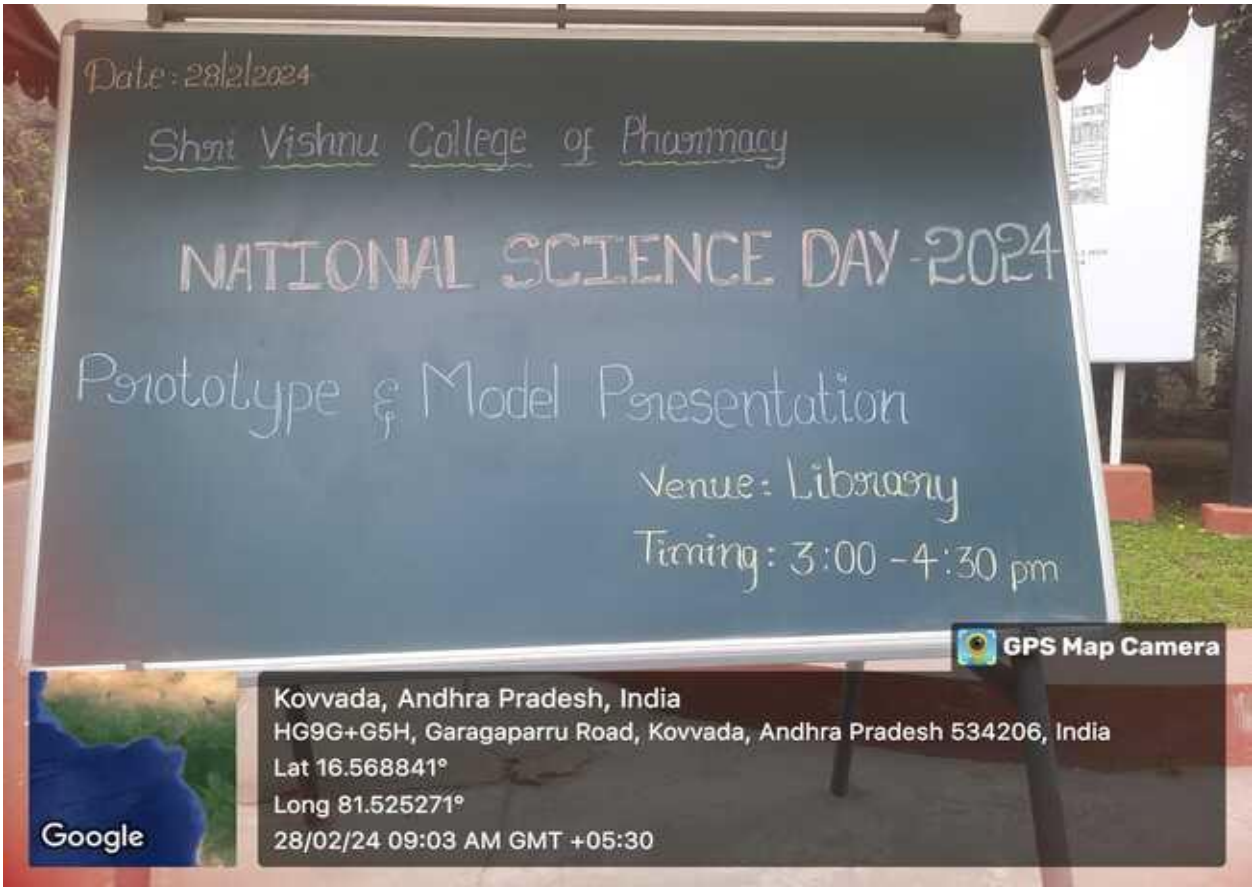







29. National Science day, Shri Vishnu College of Pharmacy, Bhimavaram -28-02-2024




Date: 28/2/2024
Shri Vishnu College of Pharmacy
NATIONAL SCIENCE DAY-2024
Prototype & Model Presentation
Venue: Library
Timing: 3:00 - 4:30 pm
GPS Map Camera
Kovvada, Andhra Pradesh, India
HG9G+G5H, Garagaparru Road, Kovvada, Andhra Pradesh 534206, India
Lat 16.568841°
Long 81.525271°
28/02/24 09:03 AM GMT +05:30
Google

Shri Vishnu College of Pharmacy

(Autonomous)

Vishnupur, Bhimavaram-534 202, A.P.

VISHNU UNIVERSAL LEARNING

SVCP e-CELL

NATIONAL SCIENCE DAY - 2024

28 FEBRUARY

3:00 PM - 4:30 PM

Library

PROTOTYPE & MODEL PRESENTATION



TOPICS:

- TECHNOLOGY
- INVENTIONS
- PHARMA
- DRUG DISCOVERY
- AGRICULTURE
- INDUSTRY
- ROBOTICS
- ANY OTHER SCIENTIFIC FIELDS

CO-ORDINATORS

Dr. SHAIK FAIZAN ALI
Assoc. profesor, SVCP

Mr. B. BRAHMAIAH
Assoc. profesor, SVCP

STUDENT CO-ORDINATORS

MR. M. P. SYAM KUMAR
III-PHARM.D

Ms. G. MEGHAMALA
III-B.PHARM

Ms. N. HARIKA SESHU
II-PHARM.D

Ms. T. AKHILA
III-B.PHARM

Mr. K. RAJESH
II-PHARM.D

Mr. G. YOHAN
III-B.PHARM

Mr. B. DINESH KUMAR
II-PHARM.D

Mr. B. THARUN
III-B.PHARM

INSTITUTION'S INNOVATION COUNCIL


PHARMACY








PARENTERALS




AMPULES
INJECTIONS


HSPITAL




PHARMACY






Shri Vishnu College of Pharmacy
NATIONAL SCIENCE DAY - 202
28 FEBRUARY
PROTOTYPE &
MODEL
PRESENTATION
TOPICS:
CO-ORDINATORS


NATIONAL SCIENCE DAY 2024
Prototype / Model Presentation
Venue: Laboratory
Timing: 3:00 - 4:30 pm










WINNER
WINNER


WINNER
RUNNER






Deforestation
Sensor
























PRESCRIPTION


TYPES OF
TABLETS




NATIONAL SCIENCE DAY 2024




TABLET
DISPENSING
MACHINE
START




















DIFFERENT
TYPES OF
TABLETS
EXERCISE
DAILY


NATIONAL SCIENCE DAY-2024
28 FEBRUARY
MODEL
PRESENTATIONS
CO-ORDINATORS





Shri Vishnu College of Pharmacy

(Autonomous)

Vishnupur, Bhimavaram-534 202, A.P.

e-CELL

WINNERS & RUNNERS OF

NATIONAL SCIENCE DAY-2024

PROTOTYPE & MODEL PRESENTATION

#28th FEBRUARY



1st Prize- T.Akhila and Team



2nd Prize - Anjani and Team



3rd prize- Keerthana and Team



4th Prize- Harshitha and Teams

INSTITUTION'S INNOVATION COUNCIL


Shri Vishnu College of Pharmacy
NATIONAL SCIENCE DAY-2024
28 FEBRUARY
PROTOTYPE/E-
MODEL
PRESENTATION


DIFFERENT
TYPES OF

PRESCRIPTION




Defibrillation
Sensor

PHARMACY



TABLET
DISPENSING
MACHINE


INJECTIONS

PHARMACY



HOSPITAL

30. Campaign on “MERA PEHLA VOTE DESH KE LIYE”, SVCP, Bhimavaram,28-02- to-06-03-2024

Shri Vishnu College of Pharmacy
(Autonomous)
VISHNU (Estd: 1997; Affiliated to A.U., Visakhapatnam, Approved by AICTE & PCI)

NSS UNIT –SVCP, Bhimavaram

Campaign on "MERA PEHLA VOTE DESH KE LIYE"

from 28-02-2024 to 06-03-2024




Shri Vishnu College of Pharmacy
NSS UNIT - XXVII Bhimavaram
वोट
देश के लिए






















मेरा वोट, मेरी ड्यूटी
My vote, my duty






Election Commission of India
I Vote for Su
#VoteForSure


Election Commission of India
I Vote for Su
#VoteForSure




Shri Vishnu College of Pharmacy
NSS UNIT – SVCP, Bhimavaram
Campaign on "MERA PEHLA VOTE DESH KE LIYE"
from 28-02-2024 to 08-03-2024
मेरा पहला
वोट
देश के लिए


मेरा वोट, मेरी ड्यूटी




















18
And there you are

